LONDON BOROUGH OF HAVERING

HAVERING MAPPING OF SERVICES

DIRECTORY OF KNOWN SERVICES AVAILABLE FOR ADULTS WITH ASD, LIVING IN LONDON BOROUGH OF HAVERING
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42 Fairkytes Avenue

Caters for: Ages 18-65, Male and Female.

Referral: NHS only, social services.

Aimed at: Adults

Disabilities catered for: Asperger syndrome, Autism, Autism spectrum, Challenging behaviour, Moderate learning disabilities, Profound and multiple learning disabilities, Severe learning disabilities, High functioning autism.

Description: Run by Clearwater Care, 42 Fairkytes Avenue is a small four bed residential care home supporting adults who have a diagnosis of autism which may be in addition to a learning disability. The service is fully committed to person centred planning approaches and will work with services, users and their relatives, to actively encourage the views and aspirations of individuals to enable them to achieve their ambitions. Service users’ independence is maximised by providing access to local colleges and leisure activities. Daily living skills are encouraged, such as household chores, so that service users are able to lead as normal a life as possible. There are high levels of staffing providing 24 hour support. A skilled and proactive staff team is in place with a registered Manager who provides high levels of support to individuals with complex health and social needs. Referrals from Social Services are accepted. Volunteers with CRB cover may be accepted to work with service users.

Location and Contact:
42 Fairkytes Avenue
Hornchurch
Essex
RM11 1XS
United Kingdom
Telephone number: 01708 442796
E-Mail: Fairkytes@clearwatercare.co.uk
www.clearwatercare.co.uk
89 Mawney Road

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning disabilities

Autism specific: Not autism specific

Description: At 89 Mawney Road we support six individuals with a learning disability, who may also have challenging needs. We want everyone at 89 Mawney Road to be able to live as independently as possible, building on the skills they have and developing new ones. We support everyone to attend the activities they enjoy and seek out new opportunities and interests.

Services provided: The service has a sensory room and front and back gardens. The service is wheelchair accessible. The staff have experience of supporting people with learning disabilities, autistic spectrum disorders, physical disabilities, acquired brain injuries, neurological impairments and mental health and other specialist needs.

Referral: Call 0800 3286091 or email: referrals@voyagecare.com

Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Maximum capacity: 6

Current client numbers: 6

Location and Contact:
89 Mawney Road,
Romford
RM7 7HX
Telephone number: 01708 741388
Email: 89mawneyroad@voyagecare.com
http://www.voyagecare.com/
A C H Ltd

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning Disabilities

Autism specific: Not autism specific

Description: A C H Ltd is a provider of residential care homes in the South and East of England offering person-centred support to adults with learning disabilities. care and support to enable adults with conditions including autism spectrum disorders, challenging behavior, epilepsy and multiple disabilities including sensory impairments to progress along their individual pathway to independence.

Services provided: Residential care

Area covered: South and East of England

Referral: Call 0208 502 4466 or email info@achuk.com

Opening periods: 365 days a year

Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
ACH
2 Buckingham Court,
Rectory Lane,
Loughton,
Essex,
IG10 2QZ
Telephone number: 0208 502 4466
Fax: 020 8502 8845
Email: info@achuk.com
http://www.achuk.com/
Allied Care Ltd

**Caters for:** Ages 18+

**Aimed at:** Adults

**Disabilities catered for:** Learning and mental health disabilities

**Autism specific:** Not autism specific

**Description:** Allied Care Ltd offer Residential Homes, Nursing Homes and Supported Living Units which are dedicated to the care of adults with learning and mental health disabilities. Allied Care Ltd are located in many areas, with over 60 residential properties.

**Services provided:** Residential care, Nursing care, Supported living.

**Area covered:** Essex, London & Middlesex, Kent, East & West Sussex, Surrey, Hampshire, Berkshire, Oxfordshire, Wiltshire & Devon.

**Referral:** Visit the website to identify a location and call 01483 772 901

**Staff experience:** Staff have experience of working with individuals with autism, their families and carers.

**Location and Contact:**
Allied Care Ltd
Throwleigh Lodge
Ridgeway, Horsell
Woking, Surrey
GU21 4QR
Telephone number: 01483 772 901
Email: info@alliedcare.co.uk
[www.alliedcare.co.uk](http://www.alliedcare.co.uk)
Annie's Healthcare Services Ltd

**Caters for:** Ages 18+

**Aimed at:** Adults

**Disabilities catered for:** Learning disabilities, physical disabilities, sensory impairments

**Autism specific:** Not autism specific

**Description:** Annie’s specialises in providing individualised care and support services to people with learning disabilities, people with physical disabilities, sensory impairments and older people. The services reflect the amount of care you need at any given time. Whether you are looking for an hour a week, several hours a day, or 24-hour live-in care there is a package to suit your specific needs.

**Services provided:**

Services include, but are not limited to:
- Personal hygiene
- Companionship
- Day care and night sitting
- Home from hospital
- Respite care at home
- Live-in care service
- Palliative care

**Referral:** Visit www.annies-healthcare-services.co.uk and complete the contact form.

**Staff experience:** Staff have experience of working with individuals with autism, their families and carers.

**Location and Contact:**
245a Beehive Lane,
Ilford,
Essex,
IG4 5ED
Telephone number: 020 8551 4242
Email: info@annies-healthcare-services.co.uk
www.annies-healthcare-services.co.uk
**Ashking House**

**Aimed at:** Young adults

**Disabilities catered for:** Learning disabilities and physical disabilities

**Autism specific:** Not autism specific

**Description:** Ashking House is a residential care home owned by Allied Care Ltd. It provides for clients who have learning disabilities and physical disabilities. The building has been adapted to be accessible for wheelchair access with a lift to the first floor.

**Services provided:** Residential care however Ashking House does not provide nursing care or emergency admission. Respite care can be provided following an initial assessment period if there is a vacancy.

**Referral:** Contact Head office on 01483 722 901

**Staff experience:** Staff receive autism training and have experience of working with individuals with autism, their families and carers.

**Maximum capacity:** 7

**Current client numbers:** 7

**Location and Contact:**
Ashking House
21 Junction Road,
Romford
RM1 3QS
Telephone number: 01708 752100
Email: info@alliedcare.co.uk
Blakeney House

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning Disabilities, complex learning/physical disabilities, specialist in autism and ASDs.

Autism specific: Not autism specific

Description: Blakeney House is a care home owned by Consensus. Consensus provides personalized support for over 500 individuals with learning disabilities and complex needs in both residential and supported living settings. Blakeney provides accommodation for individuals with learning disabilities and complex learning and/or physical disabilities. The accommodation at Blakeney House consists of 10 en-suite bedrooms. There is access to the upper floors via stairs or a lift. The property is surrounded by mature gardens which are often used for outdoor activities. Blakeney is located in an attractive residential area of Leigh-on-Sea and is within easy reach of local amenities. The service has its own transport to take individuals on day trips and visits, enabling them to actively engage in the local and wider community as much or as little as they wish. Individuals using the service enjoy a range of volunteer work opportunities and are also supported to seek full time employment in the local area.

Services provided: Residential support and supported living.

Area covered: Consensus cover the United Kingdom

Referral: Contact 0808 166 1420 (Head Office) or email blakeney@consensussupport.com

Staff experience: Staff have much experience of working with individuals with autism, their families and carers.

Maximum capacity: 10

Location and Contact:
Blakeney House
Park Road,
Westcliff-on-Sea
SS0 7PQ

Telephone number: 0808 166 1420 (Head Office)
01702 335 724 (Branch)
Email: blakeney@consensussupport.com
Candover House

Caters for: Ages 65+

Aimed at: Older Adults

Disabilities catered for: Learning Disabilities

Autism specific: Not autism specific

Description: Candover House is a residential care home owned by North London Care (Havering) Ltd providing services to adults with learning disabilities aged 65+.

Services provided: Respite care, convalescent care.

Area covered: Havering

Referral: Call 01708 471900

Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Opening periods: 365 days a year

Maximum capacity: 5

Current client numbers: 5

Location and Contact:
Candover House
2 Candover Road,
Hornchurch
RM12 4TZ
Telephone number: 01708 471900
Email: tony.netto@sky.com
Cara Linn Care Home

Caters for: Ages 18-65

Aimed at: Adults

Disabilities catered for: Learning Disabilities

Autism specific: Not autism specific

Description: Cara Linn Care Home operates as a small family home and is situated in a residential area of Cranham, and is close to local shops, major road links and public transport. The house is semi-detached with car parking facilities to the front of the home, and the rear garden is well maintained with flowerbeds, lawn and patio. Peoples independence, choice, dignity and respect is promoted at all times, and they are encouraged to participate fully in the life of the community.

Services provided: Long term care, support and accommodation

Referral: Call 01708 225196 or email rita155lewis@btinternet.com

Staff experience: Care staff have undertaken training in caring for people who have a learning disability, and are able to understand and meet the needs of the people living there. Staff have experience of working with individuals with autism, their families and carers.

Opening hours: 24 hour care

Opening periods: 365 days a year

Maximum capacity: 3

Location and Contact:
Cara Linn Care Home
71 Peterborough Avenue,
Upminster,
Essex,
RM14 3LL
Telephone number: 01708 225196
Email: rita155lewis@btinternet.com
Care UK

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning disabilities, challenging behaviour, physical disabilities, mental health problems.

Autism specific: Not autism specific

Description: Care UK support people with learning disabilities to work towards a more fulfilling life. They are able to provide support for a range of complex conditions which include autism and Asperger syndrome. Care UK provide for learning disabilities which can sometimes come with behavioural challenges and can understand and work through difficult behaviour with the client.

Services provided:

Care UK offer support in a range of different settings, including:
- Live in care
- Residential
- Support in your home
- Supported living

Typically the services support people to cook, maintain their home, access their local community, take holidays and attend to essential personal care needs.

Area covered: United Kingdom

Referral: Call 0333 321 8305.

Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
Colchester
Connaught House
850 The Crescent
Colchester Business Park
Colchester
Essex
CO4 9QB
Telephone: 01206 752 552

Reading
Hawker House
5-6 Napier Court
Napier Road
Carewatch

Caters for: All ages

Aimed at: All ages


Autism specific: Not autism specific

Description: We are one a UK provider of home care services. We provide all types of care and support, and do so in the comfort of people’s homes and also work alongside Local Authorities. Our care services are tailored to suit individual needs and wishes of our customers. From a "pop in" to a more detailed daily routine. Carewatch is happy to work with people who have individual budgets, ranging from Direct Payments through to Individual Service Funds, and services purchased wholly or partly by the local council.

Services provided:

- Respite care services
- Nursing care in the home
- Personal home care
- Practical home help
- Dementia care at home
- Long term home care
- Live in care

Area covered: UK

Referral: Email support@carewatch.co.uk or call 01908 557 950

Opening hours: 24 hour care 7 days a week

Opening periods: All year.

Staff experience: Staff have experience of working with individuals with autism, their families and carers.
Location and Contact:
Carewatch Care Services Limited
Building 420, 2nd Floor, Block C
Silbury Court East
Silbury Boulevard
Milton Keynes
Buckinghamshire
MK9 2AF
Telephone number: 01908 557 950 or 0800 270 7000
Email: support@carewatch.co.uk
Fax: 01908 395 471
http://www.carewatch.co.uk/

Choice Care Group

Caters for: Ages 16+

Aimed at: Adults

Disabilities catered for: Angelman’s Syndrome, Autistic Spectrum Condition, Asperger’s Syndrome, Bi-polar Disorder, Cornelia de Lange Syndrome, Depression, Downs Syndrome, Epilepsy, Fragile X Syndrome, Personality Disorder, Prader-Willi Syndrome, Schizophrenia, Sensory Impairment, Smith Magenis Syndrome.

Autism specific: Not autism specific. All staff working with people with autistic spectrum condition are fully trained and supported by our in-house psychology team who provide positive behavioural support plans.

Description: Residential and supported living services for peoples aged 16+ who have a learning disability, autism and / or a mental health disorder with associated complex needs. Choice Care Group are associated with: MIND, Equilibrium, Corpal, Mencap, Downs Syndrome Association, CQC, Epilepsy Action, Fragile X Society, Shop for Support, ARC.

Services provided: Residential services ranging in size from single person annexes through to larger group homes – in both rural and urban settings. Single and shared tenancy supported living services. Prospective service users are individually assessed to ascertain their housing and support needs and to look at compatibility issues if they are looking to share with peers.

Area covered: Berkshire, Hampshire, Oxfordshire, Gloucestershire, Wiltshire and Surrey

Referral:
Contact via email or telephone and ask to speak to a member of the referrals team;

Tracy Bridgman – Director of Referrals
David Spencer – Referrals manager
Becky Green – Referrals Manager
Russell Weeks – Referrals Manager

Or request a ‘call back’ on our website.

**Opening hours:** 24 hours a day, 7 days a week.

**Opening periods:** Open all year including term time, school holidays and national holidays.

**Maximum capacity:** N/A – we are continually to strategically develop services in line with need.

**Current client numbers:** Across the Choice Care Group, within our residential services we support a total of 313 people with a learning disability (many of whom have autism), 70 people with a mental health disorders and we also support over 50 individuals in their own tenancy or family home.

**Waiting list:** Where are specific home is requested, yes we do have waiting lists

**Staff experience:** Staff have much experience of working with individuals with autism, their families and carers.

**Location and Contact:**
PO Box 2101,
Kirtons Farm Road,
Pingewood,
Reading
RG30 3ZR
Telephone number: 0203 195 2134
Email: tracy.bridgman@choicecaregroup.com
www.choicecaregroup.com

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**Christie’s Care Ltd**

**Caters for:** Ages 18+

**Aimed at:** Adults

**Disabilities catered for:** Any which do not require nursing care. There are no eligibility restrictions providing the service user does not require medically-trained personnel and is not likely to present a physical danger to the care worker.

**Autism specific:** Not Autism specific. Christie’s Care have care workers specially trained to work with service users with autism and have many years of experience in this field.

**Description:** 24-hour live-in care for dependent adults in their own homes.

**Services provided:** Live-in care only, no hourly care or pop-in service.
**Area covered:** UK, including Channel Islands

**Referral:** Contact by phone or e-mail in the first instance to discuss availability and to make arrangements for an assessment visit.

**Opening hours:** Office open Monday-Friday 9am to 5am, answering machine outside these times.

**Opening periods:** Christie’s Care Ltd operate 365 days a year but can tailor the care packages to term / holiday time only if that is what the service user requires.

**Maximum capacity:** According to the availability of suitable care workers. In theory we have infinite capacity so long as the care workers are available.

**Current client numbers:** Approx 200 publically funded service users and 300 privately funded at any time.

**Waiting list:** There may sometimes be a delay in starting care in the winter months (November to January) due to seasonal fluctuation of care workers.

**Staff experience:** Christie’s Care already have several service users with an ASD and the training team will work with those care workers who wish to specialise in working with ASD service users.

**Location and Contact:**
Christies Care Ltd
The Old Post Office,
High Street,
Saxmundham,
IP17 1AB
Telephone number: 0844 477 6460
Email: care@christiescare.com
www.christiescare.com

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**Clacton Family Trust**

**Caters for:** Ages 18-65

**Aimed at:** Adults

**Disabilities catered for:** Physical Disabilities, Sensory Disabilities, Learning Disabilities

**Autism specific:** Not autism specific

**Description:** Established in 1976 as a residential care home for children, Clacton Family Trust is now a residential care home, providing support for individuals with varying disabilities from the age of 16.
Services provided:

- Residential Care Service (5 homes)
- Respite Service (Short/Long term or Emergency)
- Domiciliary Service

Referral: Call 01255 475026 or email manager@clactonfamilytrust.com

Opening hours: 24 hour care

Opening periods: 365 days a year

Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
Mrs Elizabeth Biswell
Clacton Family Trust
111, Pier Ave,
Clacton on Sea
Essex
CO15 1NJ
Telephone number: 01255 475026
Email: manager@clactonfamilytrust.com
www.clactonfamilytrust.com

Clearwater Care

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Individuals supported by Clearwater Care have a diagnosis of a learning disability, in addition they may also have a diagnosis of autistic condition or autistic condition symptoms. We are able to support people with a diagnosis of mental health problems, physical and sensory disabilities.

Autism specific: Clearwater Care provides an autism focussed service in London Borough of Havering, London Borough of Waltham Forest, Royal Borough of Greenwich and Nottinghamshire County Council.
Our staff teams have received focussed specific training from Dr John Biddulph who is recognised across the health and social care field as being an expert in working with people with autism including those individuals who have a diagnosis of Asperger Syndrome.

This training is constantly evolving and the teams have skills in sensory assessment, sensory profiling, and managing challenging behaviours alongside promoting the rights and choices for individuals in their care.
We are confident that with our experience of working with people with autism we are able to divert many challenging behaviours from becoming a risk to the individual or others living in the same environment.
All our services have successfully supported individuals who had previously been seen as requiring psychiatric long term in patient care.

**Description:** Clearwater Care provides person centred residential services and supported living for people with a learning disability and for people with an autistic condition.

**Services provided:** Within the London Borough of Havering we provide quality residential care for four people with an autistic condition. In addition we provide residential care for four individuals with a learning disability as well as an innovative transitional supported living service for five individuals.

Across the Clearwater Care group we offer a range of services in residential care, supported living and day services and we are continually growing the provision at the request of local commissioners as well as through people’s Individual budgets.

**Area covered:** Our services range from the Midlands, south and north east London, Essex, Kent and Hertfordshire.

**Referral:** All enquiries regarding referrals to Clearwater Care should be sent to

Andrew Lillington  
Clearwater Care  
Riverside House  
Southend Road  
Woodford Green  
Essex IG8 8HQ  
Email: Andrew.lillington@clearwatercare.co.uk  
Mob: 07917 45995

**Opening hours:** We provide 24 hours care and support through our residential and supported living schemes.

**Staff experience:** Staff at Clearwater Care have much experience of working with individuals with autism and their families/carers.

**Location and Contact:**

Andrew Lillington  
Clearwater Care  
Riverside House,  
Southend Road,  
Woodford Green,  
Essex  
IG8 8HQ  
Telephone number: 0844 915 0033 OR 07917 45995  
Email: Andrew.lillington@clearwatercare.co.uk
Community Careline Services

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning disabilities, physical disabilities

Autism specific: Not autism specific

Description: Community Careline Services is a family run business, which provides care and support services within the local community. Based at premises in Gidea Park, Romford, they provide services in Havering, Essex and Leicester. The Home Support Services employs a team of female & male staff, all of whom are fully trained to help and meet the personal requirements of clients. They are an independent organization accepting private clients.

Services provided:

• Personal Care
• Assistance to get in & out of bed
• Shopping
• Meal Preparation
• Pension collection
• Domestic Hygiene cleaning
• Laundry
• Social support & companionship
• Assistance with medication
• Night service
• Sleep service
• Sitting service

Area covered: Havering, Essex and Leicester

Referral: Call 01708 386724 or email info@homesupport-services.com

Opening periods: 365 days a year

Staff experience: Staff have experience of working with individuals with autism, their families and carers. An ongoing training programme ensures that staff are kept abreast of the latest skills needed to deliver quality care. An N.V.Q. course of study is established and carers must obtain this qualification during their period of employment

Location and Contact:
Community Careline Services (Havering) Ltd
Orion House,
Compass Residential Homes Ltd

Caters for: Ages 19-99, Male and Female.

Aimed at: Adults


Autism specific: Not autism specific

Description: 3 residential homes for people with learning disabilities. The organisation aims to promote independent living. The home is well established, situated close to amenities such as park, leisure centre, shops, good transport links. Service users are encouraged to take advantage of local clubs, cinemas, theatres, sports, holidays and day outings. College opportunities are explored for each service user as well as jobs possibilities. Makaton is used in the home. Service users are encouraged to participate in domestic chores and gardening. Pets are encouraged. Day centre and adult college are also used. Brochure can be provided by emailing chris.davis@ntlworld.com or by telephoning 01708 475915.

Services provided: Careers guidance, Cookery facilities, ICT facilities, Library, Medical facilities, Music facilities, Farm, Stables, Swimming pool, Garden, Sports facilities, Outdoor play facilities, Art and design facilities, Drama facilities

Interventions, Approaches & Programmes: Aromatherapy, Art therapy, Behavioural techniques, Circle of friends, Counselling, Dance movement therapy, Makaton, Massage, Reflexology, Relaxation techniques, Riding therapy, Sensory integration, Sign language, Speech and language therapy, Social skills groups, Anger management

Referral: Call 01708 475915

Location and Contact:
Chris Davis
Hornchurch
Essex
RM12
United Kingdom
Telephone number:
E-Mail: chris.davis127@ntlworld.com
**Crossroads Care Havering**

**Caters for:** Respite care – All ages, After school clubs – 4-18, Stubbers – 11-25.

**Aimed at:** Children and Adults

**Disabilities catered for:** Crossroads Care Havering provides flexible services to people of all ages and with a range of disabilities and health conditions.

**Autism specific:** No service provided is specifically Autism focused but all staff are trained in Autism awareness, effective communication including PEC’s and Makaton, behaviour management. Lead support workers have been on the 5p training course and other relevant courses and awareness days.

**Description:** Crossroads Care Havering offer practical support / short breaks to Carers and people with care needs. They do this by providing professional, trained Care Support Workers to take over the role of the family Carer.

They offer a range of services which include working in the family home, taking clients out to various places of interest, or offering services at one of their several day care / club facilities.

**Services provided:**
- Direct Purchase, Adult & Children
- After School & Saturday Clubs
- Specialised Dementia Support
- Children’s Holiday/Summer Projects
- Stroke Pathway
- Day Opportunities
- Home Care Support

**Area covered:** Havering and surrounding boroughs.

**Referral:** Referrals can come via social services, PCT, Direct Payments or Virtually Managed Funds. Private payment is also taken.

Self-referrals can be made for access to our After School Clubs, Day Trips and Stubbers programmes.

**Opening hours:** Crossroads is operational 24 hours, 365 days per year. For service specific days/times please contact the head office on 01708 757242.

**Opening periods:** Open 365 days a year

**Maximum capacity:** A project criterion differs for each service. Please contact the office on 01708 757242 for further information.
Current client numbers: On average we have 250/300 clients

Waiting list: Respite care services are available subject to an assessment of need. Some services such as After School Clubs operate on a termly rotation and other projects may be subject to a waiting list. Please contact the office on 01708 757242 for further information.

Staff experience: Staff have significant experience of working with individuals with ASDs and their families.

Location and Contact:
CCH, Victoria Centre
Pettits Lane,
Romford,
RM1 4HP
Telephone number: 01708 757242
Email: care@haveringxroads.org.uk
www.crossroadscarehavering.org.uk

Other linked organisations:

Carers Trust
www.carers.org

Carers UK - The Voice of Carers
www.carersuk.org

Direct.Gov.
www.direct.gov.uk/en/CaringForSomeone/index.htm

HAVCO - Supporting the Community in Havering
www.havco.org.uk

DisabledGO
www.disabledgo.com

FirstStop Care Advice
www.firststopcareadvice.org.uk
Goldsborough home Care Hornchurch

Aimed at: Older Adults

Disabilities catered for: Physical disabilities, learning disabilities.

Autism specific: Not autism specific

Description: We provide older people with the best possible quality of care which enables them to make choices about their quality of life. We specialise in home care for individuals who need support to remain independent in their own homes. We also offer enhanced services such as those for older people with physical disabilities, or specialist services for conditions like dementia or Alzheimer’s.

Services provided:

Domestic Care Services include:

Helping Hands - Whatever the domestic task we can be there to assist you.
Companionship
Shopping - Helping you with your weekly shop, reading labels, unpacking etc.
Errands - Help to take/transport you to a local club, or church group, for example.
Pet care - Help walking and feeding your pets and even settling them at night.
Anything Else? - Are there any other tasks that you need a little help or assistance with? Our staff will be more than happy to help with any additional requests that you may have.

Personal Care Services include:

Early Bird - Do you need help getting out of bed in the morning or assistance with bathing and dressing, etc? We can help you with these and a host of other activities to help you start your day comfortably.
Lunch Time Help - We can cook you a light lunch, make you a cup of tea and prompt you to take your medication and ensure your security and wellbeing.
Sunset Service - We can visit you to settle you in for the evening, make you a meal and assist with medication if needed.
Safe and Sound - We will make you comfortable and tuck you in for the night, making sure your property is secured.

Area covered: Havering

Referral: Visit the website http://www.goldsborough-home-care.co.uk/ and complete the contact form.

Opening hours: 24 hour care

Opening periods: 365 days a year
Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
Goldsborough Home Care
106a North Street,
Hornchurch,
London,
RM11 1SU
Telephone number: 01708 478712
Fax: 0844 8717023
http://www.goldsborough-home-care.co.uk/

Hampton House

Aimed at: Older adults

Disabilities catered for: Physical disabilities, learning disabilities

Autism specific: Not autism specific

Description: Set in Leckhampton, Cheltenham, Hampton House has been providing quality elderly care since the 1960’s.

Services provided:

Permanent residency
This is often a decision that prospective residents and their families find extremely difficult to make. We fully understand this and try to make the transition to Hampton House as smooth as possible.

Respite, holiday and short term care
Residents can enjoy the warm and cosy setting of Hampton House. A perfect opportunity for families to take a break and relax, knowing their loved ones are in safe hands.

Convalescence
A chance to rest and recuperate after a stay in hospital or period of illness. The ideal way to regain strength before returning home.

Day care
Enjoy the social stimulation of our warm and cosy setting. Whether it's a trip for lunch, an appointment with our hairdresser, or joining in with our activities - make this the highlight of your week.

Referral: Call 01242 520527 or email office@hamptonhousecare.co.uk

Opening hours: 24 hour care

Opening periods: 365 days a year
Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
Hampton House
94 Leckhampton Road
Cheltenham
Gloucestershire
GL53 0BN
Telephone number: 01242 520527
Fax: 01242 573319
Email: office@hamptonhousecare.co.uk
http://www.hamptonhousecare.co.uk/index.html

Harrisons Yard

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning disabilities

Autism specific: Not autism specific

Description: Run by Partnerships in Care, Harrisons Yard is a social care setting with 24 hour support for people with learning disabilities.

Services provided: Expert multidisciplinary team including Speech and Language Therapists, a range of communication methods to develop effective communication skills, structured day with clear boundaries. Treatments focus on: Risk Reduction, Independent Living Skills, Vocational Engagement and Social Inclusion.

Referral: Referral to Partnerships in Care by contacting 0800 218 2398, Interview and assessment, Completed report provided with initial treatment plan.

Maximum capacity: 3

Current client numbers: 3

Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
5 Harrisons Yard
Diss, Norfolk,
IP22 4EL
Telephone number: 01379 640387
Email: caroline.grimmer@partnershipsincare.co.uk
Hazel House

Caters for: Ages 18-65

Aimed at: Adults

Disabilities catered for: Severe and enduring mental health problems who require 24-hour support and rehabilitation.

Autism specific: Not autism specific

Description: Hazel House is a registered care home with 10 beds owned and run by Turning point a national health and social care provider. The service provides an opportunity for people to develop essential life skills through the Rehabilitation programme.

Services provided: Budgeting, medication management, personal hygiene, cooking, meal planning, social skills, and community living.

Referral: Please speak to your care manager who will contact the social inclusion officer.

Opening hours: 24 hour care

Opening periods: 365 days a year

Maximum capacity: 10

Location and Contact:
Hazel House
67 Warwick Road,
London
SW5 9HB
Telephone number: 020 7244 7533
Email: christine.deardon@turning-point.co.uk
Helping Hands

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: We can provide care for people who require:
- Intermittent catheterisation
- Peristeen – rectal irrigation
- Suppositories and digital stimulation for bowel management
- Bladder washout
- Convene
- Urethral and Supra pubic catheter
- Cpap, BiPap and VPap Ventilation
- Cough Assist
- Diabetes blood sugar monitoring
- Stoma – ileostomy, colostomy, urostomy
- Inhalers
- PEG inc bolus and continuous
- Nebiliser

A spare room is required for the carer.

Autism specific: Not autism specific

Description: Live-in care from Helping Hands is an established, award winning full-time care at home service which allows you, or your loved one, to stay at home in familiar and relaxed surroundings with an incomparable level of one to one support. Embracing personal care, housekeeping and companionship it is a direct alternative to residential care that empowers you to retain control and independence. Everyone we support has their own person centred support plan, which we review regularly with them. The plan focuses on the person’s goals and aspirations, and on what’s needed to make them possible. Live-in support workers provide companionship and can be there to offer emotional and practical support when it’s needed, but their role is geared towards helping the person to do as much as possible for themselves and grow in confidence.

Services provided: Your professional live-in carer works with you to meet your personal needs and wishes, following an individually designed support plan that is put together by one of our local assessors in conjunction with those that are familiar with existing routines and needs. Your care is arranged on your terms and is designed to meet existing preferences for meals and eating times, naps and hobbies as well as established medication and care routines. And as your needs change, our one-to-one care has the flexibility to evolve with you.

Helping Hands can provide:

- a carer with a certain level of experience and/or specialist training
- a carer who can drive
• a choice of male or female carers to support your personal care needs
• somebody who shares a hobby or interest
• a carer who is comfortable looking after your animals

**Area covered:** All of England and Wales

**Referral:** Discuss your options by calling Helping Hands on 0808 180 9455 or email enquiries@helpinghands.co.uk and they will take you through your options.

**Opening hours:** 24/7 365 days of care is provided.

Office hours are 8.30am – 5.30pm
We have an on call out of hours service 24/7 365 days a year.

**Opening periods:** Open all year.

**Maximum capacity:** There is no maximum capacity.

**Current client numbers:** 532 active customers, 38 Temporary inactive

**Waiting list:** There is not a waiting list. Helping Hands have a team of Care Managers based throughout the UK who can provide a quick response to complete assessments and respond to day to day issues as they occur.

**Staff experience:** Staff at Helping Hands have much experience of working with individuals with autism and their families/carers.

**Location and Contact:**
Karen Jackson
1st Floor Claverton House,
2 Harpenden Road,
St Albans,
AL3 5AB
Telephone number: 01727 224172
Email: Karen.jackson@helpinghands.co.uk
www.helpinghands.co.uk
High Hurlands Community Homes

Caters for: Ages 18+

Aimed at: Younger adults

Disabilities catered for: Learning disabilities, physical disabilities

Autism specific: Not autism specific

Description: High Hurlands Community Homes are five three bedroom bungalows providing a service for fifteen younger adults with a Learning Disability some of who may have associated physical disabilities. Three service users are accommodated in each of the care home 15 small homes. Service users are encouraged to maintain their independence and rules are kept to a minimum. Visitors are welcome and service users’ families are encouraged to play an active part in their relative’s life. The home has well established links with local General Practitioners and nursing teams to support and enhance the service provided. The homes were developed and are managed by the High Hurlands partnership and are well established in the local community. The grounds extend to over 70 acres and a day service facility is provided on site. The home is situated in a rural part of the Hampshire country side and transport facilities are provided for service users to access local facilities in the nearest village of Liphook and larger towns in the area.

Services provided: Day care, physiotherapy

Referral: Call 01428 751202

Opening hours: 24 hour care

Opening periods: 365 days a year

Maximum capacity: 15

Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
High Hurlands
Gentles Lane,
Passfield,
Liphook
GU30 7RY
Telephone number: 01428 751202
Hilton House

Caters for: Ages 18+

Aimed at: Younger adults


Autism specific: Not autism specific

Description: Hilton House is a former family home that has been extended and altered to form the current accommodation. Hilton House is registered to provide care and accommodation for up to ten people who have a learning disability or mental disorder. The property is located approximately one mile to the west of Colchester Town Centre, in an established residential area. Accommodation is provided over two floors and consists of eight single bedrooms and one double bedroom. Four rooms have an en suite facility. Communal rooms on the ground floor include a sitting room, dining room and an activities room.

Services provided: Physiotherapy, Independent Living Training

Referral: Call 01206 763361

Opening hours: 24 hour care

Opening periods: 365 days a year

Maximum capacity: 10

Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
Hilton House
175 Shrub End Road,
Colchester
CO3 4RG
Telephone number: 01206 763361
Homestead Care Service

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Dementia, Mental health conditions, Physical disabilities, Sensory impairments

Autism specific: Not autism specific

Description: Homestead Care Service provides care in your home and supported living.

Services provided: Dementia, Elderly Care, High Dependency Care, two carers attending, Hospital Discharge, Medication Assistance, Palliative Care, Personal Hygiene Care, Physical Disability, Respite cover, Sensory Impairment, Domestic Services / Home Help, Cleaning Service, Companionship, Food Preparation & Serving, Laundry Service, Shopping Service / Errands, Sit in Service.

Area covered: Havering

Referral: Call 01708 343434

Opening hours: 24 hour care

Opening periods: 365 days a year

Location and Contact:
Second Floor,
11 Bryant Avenue,
Harold Wood,
Romford
RM3 0AP
Telephone number: 01708 343434

Hope Care Agency

Caters for: Ages 18+

Aimed at: Adults

Autism specific: Not autism specific

Description: Hope Care Agency is an enterprise domiciliary care company, registered with CQC, managed by experienced and professional staff. Our dedicated team work diligently to provide you with a package of care that contributes to your overall personal and healthcare needs. Our Carers strive to preserve and maintain the dignity, individuality
and privacy of all our Service Users. We always ensure that the Service Users have the Carers they request regardless of the situation and enable the Service Users to continue living in their own home with respect and degree of independency.

**Services provided:**
Personal care
Helping you get in and out of bed
Shopping
Preparing light meals
Changing dressing
Washing and ironing
Cleaning home
Supervision of medication
Escorting to appointments

**Area covered:**  London

**Referral:**  Call 020 8964 0606 or email info@hopecareagency.co.uk

**Opening hours:** Between 7am and 10pm. Night care and 24 hour care also provided.

**Opening periods:** Open all year round (365 days a year)

**Staff experience:** Staff have some experience of working with individuals with autism, their families and carers.

**Location and Contact:**
Office 10
Canalside House
383 Ladbroke Grove
London
W10 5AA
Telephone number: 020 8964 0606
Mobile: 07940972372 OR 07985444350
Email: info@hopecareagency.co.uk
www.hopecareagency.co.uk
Caters for: Ages 16yrs +

Aimed at: Teenagers and Adults

Disabilities catered for: Autistic Spectrum and physical disabilities / Mental Health conditions but must have ASD diagnosis or be seeking diagnosis.

Autism specific: Yes.

Description: Autism Specific Care Service – ‘Domiciliary Care Support’ – providing consistent and permanent Autism trained staff individually matched to each service user. We can provide welfare benefit support but this is limited to people who use our service. We also provide Autism Awareness and Asperger Syndrome Training.

Services provided: 1:1 Support (Buddy system) to access local community, College, Social activities. Independent Living Skills Training, Travel Training, Assistance to achieve independent living, transition from children’s to Adult Services. We support within the family home, your own home or within the local community designing a timetable to suit your needs. Learning Support to access education. Employment service, working in conjunction with the local job centre. Emergency overnight Respite provision (launching May 2013)

Area covered: Essex, Havering.

Referral: Telephone or email Head Office. Telephone: 01206 233196 and discuss your requirements – we will then visit you for an initial assessment and complete an Assessment of Need to make sure we can meet your needs.

Opening hours: Head Office – for information / referrals Monday – Friday 9am – 4pm Care Service runs 365 days a year 24hours a day.

Opening periods: 365 days a year.

Maximum capacity: We recruit to match Service User needs on an individual basis so no maximum.

Current client numbers: 17

Waiting list: No – As above – After initial assessments we assign a Project Officer to the Service User who begins the ‘get to know you process’ and then matches them to our staff – very individualised service.

Staff experience: Staff have much experience of working with individuals with autism and their families/carers.
Location and Contact:
KTM Care Ltd
The Granary,
Lodge Park,
Lodge Lane,
Colchester
CO4 5NE.
Telephone number: 01206 233196
Email: info@ktmcare.co.uk
www.ktmcare.co.uk

Maison Care Limited

Caters for: Ages 18-60

Aimed at: Adults

Disabilities catered for:

- Learning disabilities
- Physical Disabilities
- Sensory Disabilities
- Autism
- Challenging Behaviour and complex needs

Autism specific: Not autism specific.

Description: Maison Care (originally known as ‘Caring on a small scale’) was founded in 1990. Our ethos is built upon a shared belief that by focusing on the individual using a person-centred approach, new opportunities can be created for people to maximise their potential and independence. Maison Care now offer 28 beds in 4 care homes around the Colchester, Essex area. Each of these units are staffed by an experienced and skilled team base including NVQ qualifications, Physical intervention Training, The Learning Disability Qualification, and we also specialise in Applied Behaviour Analysis.

Services provided:

- Respite Care
- Supported Living / Dom Care
- Residential Care

All activities and opportunities are tailor made and include the following:

Hobbies & pastimes e.g. fishing
Sporting activities e.g. rugby and football
Cookery
Access to local community facilities
Home visits
Celebration of life events
Education and vocational training
Life skills development
Spiritual needs
Employment - paid and voluntary
From simple house chores to cutting the grass or attending a football match our programmes give real choice and opportunities that are tailor-made to the individual. Activity programmes are produced in a format that the individual understands and is comfortable with.

**Area covered:** Essex

**Referral:** Please Call Samantha Dias (Service Manager) – 01206 231335 / 07818542699 or email samantha@maisoncare.co.uk

**Opening hours:** 24/7 Care

**Opening periods:** 365 days a year.

**Maximum capacity:** 40

**Current client numbers:** 28

**Waiting list:** No.

**Staff experience:** 90% of our current staff regularly have autism training, we also have our managers who specialise in Applied Behaviour Analysis for Autism which they have studied at the (Tizard centre) Canterbury University.

**Location and Contact:**
Suite 10, Park Lane Business Centre,
Langham,
Essex,
CO4 5WR
Telephone number: 01206 231335 or 07879446834
Email: info@maisoncare.co.uk
www.maisoncare.co.uk
**Lilliputs Farmhouse**

**Provider:** CMG Care Management Group

**Cater for:** Ages 18-65

**Aimed at:** Adults

**Disabilities catered for:** Autism spectrum, Challenging behaviour, Epilepsy, Multi-sensory impairment, Physical disability

**Description:** Set in a beautiful location, Lilliputs Farmhouse provides high levels of staff support to provide a wide range of sensory, therapeutic, educational and occupational opportunities for residents. On-site access to sensory rooms, swimming pool and other therapeutic resources.

**Location:**
272 Wingletye Lane
Hornchurch
Essex
RM11 3BL
United Kingdom
Telephone number: 020 8544 8900
Fax number: 020 8544 8901

**Contact:**
Aine Ni Chonchuir
Assessment & Referral Manager
Care Management Group
The Pointe
89 Hartfield Road
Wimbledon
London
SW19 3TJ
United Kingdom
Tel: 020 8544 8900
E-Mail: achonchuir@cmg.co.uk
www.cmg.co.uk
Melbreck

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Profound and multiple learning disabilities, acquired brain injuries and associated complex health care needs.

Autism specific: Not autism specific

Description: Melbreck is owned and run by Voyage Care. Qualified nursing staff provide 24 hour support alongside a dedicated staff team who are experienced in working with people with learning disabilities who have a whole range of complex needs. The home is also supported by a physiotherapist and an occupational therapist. Staff are trained in both a service specific and a service user specific manner to ensure they have the skills to meet people’s support needs.

The service has a range of specialist equipment and specialities to cater for people’s mobility needs, including adapted bathrooms and overhead hoists in bathrooms and bedrooms. The service has space to provide for standing frames, walking aids, adapted leisure chairs and wheelchairs.

Melbreck has its own on site day service, with a physiotherapy unit and a range of day activities, a pool, sensory room, accessible gardens and two accessible vehicles which enable people to access community activities every day.

A number of people use the local resource centre for hydrotherapy, communication sessions, self-advocacy, drama, arts and crafts, outward bound and other leisure activities. Our focus is to ensure that we achieve the right balance between supporting people’s healthcare needs and maintaining their wellbeing and supporting their aspirations and goals, demonstrating clear positive outcomes and positive progression, supporting individuals to have ownership and pride in their achievements.

Services provided: 24 hour care, day service, physiotherapy, in house and community activities, educational and life skills sessions.

Referral: Call 01252 793474 or email: referrals@voyagecare.com

Opening hours: 24 hour care

Opening periods: 365 days a year

Staff experience: staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
Tilford Road,
Rushmoor,
Tilford,
Farnham
GU10 2ED

**Telephone number:** 01252 793474

Email: referrals@voyagecare.com

http://www.voyagecare.com

<table>
<thead>
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<th>My Choice with Outward</th>
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**Type:** Day service

**Caters for:** 18-24

**Referral:** Referrals can be made through social services/transition teams for clients on direct payments. We will then carry out an assessment and then refer back to social services in order for the package to go to panel. Once signed off the service can begin. The service is aimed at young people on Direct Payments.

**Aimed at:** Adults

**Disabilities catered for:** Autism, learning Disability and challenging behaviour.

**Autism specific:** Not autism specific. Outward is accredited with the National Autistic Society and all staff are fully trained in ASD specialist support.

**Area covered:** Redbridge, Havering, Newham, Barking and Dagenham

**Opening hours:** These are flexible as we will be offering up to 6 hours of support a day and these can be used during the day, evenings and or weekends depending on the individuals needs.

**Maximum capacity:** Maximum of 5 clients at any one session.

**Waiting list:** No

**Opening periods:** 365 days a year

**Staff experience:** Staff have experience of working with individuals with autism

**Services provided:** Outward offer a flexible range of day, evening and weekend activities for young adults with autistic spectrum conditions, learning disabilities and challenging behaviour in Redbridge. Based in Barkingside, the service provides specialist Autism Accredited staff support, personalised activity plans geared towards individual outcomes, and opportunities to access a range of specialist and mainstream services across the borough and beyond.

Our friendly, trained and professional team provides a personalised, flexible and dedicated support service for young people with ASD. We work within the framework set by fulfilling and Rewarding Lives, the national autism strategy for adults. Our work is underpinned by an absolute commitment to the people that we support and is driven by real expertise and a thorough understanding of ASD. We are accredited with the National Autism Society.
We provide Individualised activity programmes, taking place both in the local community and in our local Activity Base in Barkingside. Individualised programmes might include leisure activities, development of independent living skills and life skills.

**Description:** My Choice with Outward is a day provision for adults with autistic spectrum conditions, learning disabilities and challenging behaviour. We provide 1:1 or 2:1 support for individuals and offer community based activities. We have a base in Barkingside where we can also hold activities of the individual’s choice.

**Location and Contact:**
My Choice with Outward  
47-50 Mulberry Way, Barkingside, Ilford, Essex IG6 1EU  
07947825339  
**Email:** fvoller@outward.org.uk  
www.outward.org.uk

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**Newstead House**

**Caters for:** Ages 18+  
**Aimed at:** Adults  
**Disabilities catered for:** Learning disability, Physical disabilities.  
**Autism specific:** Not autism specific

**Description:** Newstead House is a large Care Home in Harold Wood, Romford for 34 adults. Despite its large size Newstead maintains a homely atmosphere as it is divided into five distinct units, each with its own unique feel. Newstead House is staffed 24 hours a day by a team of experienced Care and Support Workers who work to a person-centred model, putting the service users at the heart of their care. Each service user has a keyworker and the two work together to produce an individual person-centred plan of care and support. This Support Plan is based around the individuals own skills, needs, wants and wishes. The home aims for each service user to realise their own potential through working in this person-centred way. Newstead House has a strong focus on building independent living skills of service users. After an assessment process to identify individuals skills, abilities and motivations each service user is encouraged to build on their strengths. Individuals are fully supported by staff to improve in life skills such as healthy eating, cooking and cleaning, amongst other areas.

**Services provided:** 24 hour care, Day care.

**Referral:** Please contact the Care Home Manager, Tom Lindsay, for further information on: 01708 381 363 or email tom.lindsay@viridianhousing.org.uk

**Opening hours:** 24 hour care
Opening periods: 365 days a year

Maximum capacity: 34

Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
Troopers Drive,
Whitchurch Road,
Harold Hill,
Romford
RM3 9DQ
Telephone number: 01708 381363
Email: tom.lindsay@viridianhousing.org.uk
www.viridianhousing.org.uk

Outlookcare

Caters for: Ages 18+. Respite 16-18

Aimed at: Adults

Disabilities catered for:
Older people
LD
ASD
Mental health
Physical disabilities

Autism specific: 1 Residential service provides care and support to 6 people with autism. 3 of our Individual support services provide support to people specifically with Autism, and the other services have people living in them who also live with autism.

Description: Within Havering we have 4 Residential care services 3 supported living services 1 respite service and 12 individual support service packages.

Services provided: 24 hour support to people with learning disabilities, autism, and physical disabilities

Area covered: we provide services in Havering, Essex, Southend, and a number of London Boroughs

Referral: Most referrals come via the care management team, although we do have some self funders and referrals

Opening hours: 24 hours
Opening periods: 365 days a year

Maximum capacity: Unlimited

Current client numbers: 319

Waiting list: Dependent on service

Staff experience: Staff have much experience of working with individuals with autism, their families and carers.

Location and Contact:
Unit 6 Shelduck House
Wood Brook Crescent
Radford Way
Billerica
Essex
Telephone number: 01277633163
Email: Natelieb@outlookcare.org.uk
www.outlookcare.co.uk

| Pepenbury |

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning disabilities

Autism specific: Not autism specific

Description: Pepenbury is a charity that provides residential homes, day services and support for people living independently in the community.

Services provided:

- Residential Care
- Day Services
- Support in the community
- Accredited training programmes
- Stimulating activities including sailing, art and crafts, music and horticulture.

Referral: Call 01892 822168 or email reception@pepenbury.info

Opening hours: 24 hour care

Opening periods: 365 days a year.
**Staff experience:** Staff have experience of working with individuals with autism, their families and carers.

**Location and Contact:**
Pepenbury
Cornford Lane
Pembury
Kent
TN2 4QU
Telephone number: 01892 822168
Fax: 01892 825636
Email: reception@pepenbury.info
http://www.pepenbury.info/

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**30 Pickwick Close**

**Caters for:** Males and Females

**Aimed at:** Adults

**Disabilities catered for:** Dementia, Learning Disabilities. Specialist care for Alzheimer’s.

**Autism specific:** Not autism specific

**Description:** Pickwick Close is owned by Estuary Housing Association and is a residential home for adults with severe to moderate learning disabilities and additional complex needs. It is a double detached bungalow with large car parking facilities in a quiet cul-de-sac. This attractive and comfortable home has two large communal lounges, two dining rooms and there is a well equipped sensory room. The bungalows are centrally heated and tastefully decorated. People are supported in choosing individual decorating schemes to personalise their rooms. Outside there is a large garden for the private use of residents with raised flower beds and two seating areas.

**Services provided:** Support is provided based on a personalised support plan and detailed assessment that staff carry out with each service user in the comfort of their own home. The services provided at Pickwick Close include: individual support for people with a learning disability, support for adults with associated conditions such as associated complex needs, support with personal care, support and assistance to ensure service users keep in contact with relatives and friends, high quality support that meets people’s needs, 24-hour provision of support, highly trained support staff.

**Area covered:** Essex and the three outer East London Boroughs

**Referral:** Contact 01702 445252 and they will give you further information and help you through the referral process. Contact your advocate, care manager or social worker and ask them to make a referral.
Maximum capacity: 8

Current client numbers: 8

Staff experience: Staff have some experience of working with individuals with autism, their families and carers.

Location and Contact:
Tina Sutton
30-31 Pickwick Close
Laindon
Basildon
Essex
SS15 5SW
Telephone number: 01268 410634
Email: tina.sutton@estuary.co.uk

Precious Homes Ltd

caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning difficulties, physical disabilities, autism, mental health needs, challenging behaviour, personality disorder.

Autism specific: Some autism specific services. Please see website for details.

Description: Precious Homes support adults with learning difficulties or mental health needs who are considered difficult to place in a community setting. All of our staff receive training on Autistic Spectrum disorder and we are working towards accreditation with the National Autistic Society. Precious Homes utilises The SPELL framework, recognizes the individual and unique needs of each service user with ASD and emphasizes that planning and intervention be organized on this basis.

Services provided:

- Residential care
- Supported living
- Outreach services
- Respite
- Bespoke services

Referral: We operate a flexible approach in our services to referral. You are welcome to make an initial enquiry or seek advice by telephone, fax or email. We provide a rapid response to referrals and will normally arrange a professional assessment within a few days of your call.
Call one of our Referral Hotlines On:

07550 188 001
020 8826 4343

**Staff experience:** Staff have experience of working with individuals with autism, their families and carers. All staff receive training on Autistic Spectrum disorder.

**Location and Contact:**
Precious Homes,
Magic House,
5 – 11 Green Lanes,
Palmers Green,
London,
N13 4TN.
Telephone number: 020 8826 4343
Fax: 020 8888 6251
http://www.precious-homes.co.uk/

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<tr>
<th>Prior care</th>
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<tbody>
<tr>
<td><strong>Caters for:</strong> Ages 18+</td>
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<td><strong>Aimed at:</strong> Adults</td>
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<tr>
<td><strong>Disabilities catered for:</strong> Learning disabilities, physical disabilities</td>
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<tr>
<td><strong>Autism specific:</strong> Not autism specific</td>
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<td><strong>Description:</strong> Prior care provide a full range of care services and will be happy to discuss your needs whether you are a local authority needing temporary cover or an individual looking for assistance with care for yourself or a member of your family. We supply staff of all categories to residential homes, day centres and nursing homes, as well as home care for adults, in the London and Essex areas. We work closely with local authorities and are suppliers of domiciliary care.</td>
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**Services provided:**

- Home Helps
- Home Care Assistants
- Domestic Assistants
- Care Assistants
- Escorts
- Overnight Sleep-in
- Overnight Wake In

In addition Prior care offer:
- Support Workers
- RSW's
- Social Workers
- Officers in charge
- Cooks
- Kitchen Assistants
- Porters
- Laundry Assistants
- Emergency out-of-hours on-call service.

**Area covered:** London and Essex.

**Referral:** Call 01708 446690 or email siancowler@priorcare.co.uk

**Staff experience:** Staff have experience of working with individuals with autism, their families and carers.

**Location and Contact:**
Prior Care Limited
139 Hornchurch Road
Hornchurch
Essex
RM124SZ
Telephone number: 01708 446690
Fax: 01708 446930
Email: siancowler@priorcare.co.uk
http://www.priorcare.co.uk/

**Regents Care Services**

**Caters for:** Ages 18+

**Aimed at:** Adults

**Disabilities catered for:**
- Adults with Learning disabilities,
- Adults with Physical and sensory impairment,
- Adults challenging behaviour,
- Adults with Autism,
- Adults with mental health problems and complex needs.

**Autism specific:** Not autism specific

**Description:** Regents Care Services is an independent organisation which provides care and support to individual who wish to carry on an active life in the community and live in their own homes or supported accommodation. We are registered and regulated by CQC, Members of National Autistic society, BILD, UKHCA and EICA.

**Services provided:**
- Continuous 24 hrs support
- Supported activities and outings E.g.: cinema, bowling, shopping, art therapy, Park and farm visits, field walks, swimming and fitness activities, horse riding, cooking/baking.
- Supported holidays/respite breaks
- Support with education programmes for adults with special needs in college courses
- Supported day care in house/community base.

**Area covered:** Essex, Thurrock, Havering, Barking & Dagenham and Redbridge.

**Referral:** Please contact our office or email us for enquiries. We accept referrals from Social Services and Direct payment clients.

**Opening hours:** Regents care services operates on a 24 hour basis care and support to our service users, service is provided according to their need assessment. There is a 24 hour on call service to deal with emergencies if necessary.

**Opening periods:** Open all year round including term time, school holidays and national holidays.

**Maximum capacity:** We are a home care provider and operate out reach services which is potentially unlimited.

**Current client numbers:** 6

**Waiting list:** No.

**Staff experience:** Staff have much experience of working with individuals with autism and their families/carers.

**Location and Contact:**
Regents Care Services
Office 5 Tilbury Riverside Art Activity Centre
Ferry Road
Tilbury
Essex
RM18 7NJ
Telephone number: 01375 846865 OR 07881503515
Email: Regentscare@gmail.com
www.regentscare.co.uk

**Rowan House**

**Caters for:** Ages 18+

**Aimed at:** Adults
Disabilities catered for: Learning disabilities, including autism spectrum condition and angelman syndrome, physical disabilities and challenging behaviour.

Autism specific: Not autism specific

Description: This Consensus Service offers accommodation for individuals with learning disabilities, including autism spectrum condition and angelman syndrome. This Consensus service provides six bedrooms, which are decorated to individual tastes and styles. There is a large lounge, separate dining area, kitchen and a spacious private garden at the rear of the property with a purpose built BBQ and two swing hammocks. The service has both a sensory room and an art and music room. Rowan House lies within close proximity to a range of local facilities which are utilised for socialising and pursuing leisure or educational interests. The service has its own transport and supports each individual to actively engage in community life as much as they wish to do so.

Services provided: 24 hour care, day opportunities, educational and employment opportunities.

Referral: Call 0808 166 1420 or email enquiries@consensussupport.com

Opening hours: 24 hour care

Opening periods: 365 days a year

Maximum capacity: 6

Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
Consensus, Bradbury House
830 The Crescent
Colchester Business Park
Colchester
Essex
CO4 9YQ
Telephone number: 0808 166 1420
Email: referrals@consensussupport.com or enquiries@consensussupport.com

Satash Community Care

Caters for: Ages 16-65.

Aimed at: Adults

Disabilities catered for: Mainly Learning disabilities, eligibility is based on a needs assessment.
Autism specific: Not autism specific

Description: Care home, domiciliary care, children home

Services provided: Care home services, domiciliary care and children’s care home services. All services are provided for people with learning disabilities associated with mental health problems.

Area covered: Thurrock, Havering, Essex, Southend and Newham.

Opening hours: 24 hours a day.

Opening periods: 24 hours a day 365 days a year (all year round.)

Maximum capacity: 8 adults, 8 children

Current client numbers: 8 clients (3 with Autism)

Waiting list: There is a waiting list for adult services but not for children’s services.

Staff experience: All staff have experience of working with individuals with autism.

Location and Contact:
109-111 Mollands Lane
South Ockendon
Essex
RM15 6DJ
Telephone number: 01708-856592 OR 01708-851189 OR 07956-377298.
Email: contact@satashcommunitycare.com
www.satashcommunitycare.com

Southwald House

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Severe learning disabilities, Angelman Syndrome, Autism Spectrum Condition and Challenging Behaviour

Autism specific: Not autism specific

Description: This Consensus service offers accommodation for individuals with learning disabilities and associated complex needs. There are 12 en-suite bedrooms with nurse call systems. One of the bedrooms comprises an upstairs apartment with independent access to enable individuals to experience more independent living. Communal areas include a lounge, an activity room, a further quiet room, spacious dining room and a garden used for outdoor activities. Southwold is situated within a five minute walk of Leigh-on-Sea’s attractive
seafront and a two minute walk to a number of local amenities such as shops, cafes, restaurants and hairdressers. Individuals using the service are supported to actively engage in community life and utilise facilities such as local theatres, a bowling alley and cinema. Some individuals enjoy attending college and others are supported to play a role in the upkeep of the service, such as assisting and preparing their own meals, shopping and general domestic duties. The service has its own transport that is used to take individuals on day trips or visits, enabling people using the service to engage in community life as much or as little as they wish.

**Services provided:** 24 hour care, independent living training.

**Referral:** Call 0808 166 1420 or email: referrals@consensussupport.com or enquiries@consensussupport.com

**Opening hours:** 24 hour care

**Opening periods:** 365 days a year

**Maximum capacity:** 12

**Staff experience:** Staff have experience of working with individuals with autism, their families and carers.

**Location and Contact:**
Southwold House
Cliff Road,
Leigh-on-Sea
SS9 1HJ
Telephone number: 0808 166 1420
Email: enquiries@consensussupport.com

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<thead>
<tr>
<th>Sunnyside House</th>
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<tr>
<td><strong>Caters for:</strong> Ages 18+</td>
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<tr>
<td><strong>Aimed at:</strong> Adults</td>
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<tr>
<td><strong>Disabilities catered for:</strong> Learning disabilities, autism.</td>
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<tr>
<td><strong>Autism specific:</strong> Some autism specific services</td>
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**Description:** Sunnyside house is a 12 bedroom independence skills training academy with a 1 bedroom transition flat for adults with learning disabilities and a 1 bedroom autism unit. We offer residential and respite care using our innovative My L.I.F.E skills training programme to help our service users move on to independent living and sustain that life.

**Services provided:**
• Innovative 24 hour care and support
• Preparation for independent living
• On Site My L.I.F.E training flat (the final step towards independence)
• On Site 1 bedroom autism unit
• Specialised My L.I.F.E independence training programme which include modules on:
  o Communication skills
  o Dealing With Conflict
  o Assertiveness
  o Money management
  o Travel Training
  o Job Search
  o Plus 13 more innovative and educational activity based modules

Referral: Call 01708 861 201 or email: care@sunnysidehouse.co.uk

Opening hours: 24 hour care

Opening periods: 365 days a year

Maximum capacity: 12

Staff experience: staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
130 High Street
Aveley
South Ockendon
Essex
RM15 4BX
Telephone number: 01708 861 201
Fax: 01708 861 201
Email: care@sunnysidehouse.co.uk
http://www.sunnysidehouse.co.uk

Sure Care Homecare Services

Caters for: All ages

Referral: Call 01708 373 722

Aimed at: Children and adults

Disabilities catered for: All disabilities

Description: Providing professional care and assistance for those who require help with everyday tasks, therefore encouraging independent living. SureCare offer trained and
experienced staff who can provide a range of quality care and support services including personal care, nursing, light household duties, help in maintaining social contacts and assistance in financial planning and budgeting among many other services.

**Services provided:**

Domiciliary care. Our range of services extend beyond supporting private individuals in the comfort of their own homes, as we are also able to provide health and social care workers to:

- Hospitals
- Community Services
- Nursing and care homes
- Hospices
- Establishments caring for people with learning difficulties
- Mental health establishments
- Industry

**Location and Contact:**

Sure Care Homecare Services
Jane Green, ,
Oakview House ,
Bryant Avenue,
Harold Wood,
Romford,
Essex
RM3 0AP
Telephone number: 01708 373 722
Fax: 01708 373 367
http://surecare.co.uk/

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**Sycamores**

**Caters for:** Ages 18-65

**Aimed at:** Adults

**Disabilities catered for:** Learning disabilities, autism, autism spectrum disorders.

**Autism specific:** Not autism specific

**Description:** Sycamores is located within a residential area of Hornchurch and is within walking distance of Romford market town. The home offers 24 hour care for 5 adults with learning disabilities. The home accommodates males only. All accommodation is in single bedrooms and one bedroom has an en-suite facility. 2 bedrooms are on the ground floor and 3 are on the first floor. The home is not suitable for anyone who uses a wheelchair as the corridors are narrow and there is no passenger lift to the first floor.
**Services provided:** Independent living training, 24 hour care, day activities

**Referral:** Call 01708 726933

**Opening hours:** 24 hour care

**Opening periods:** 365 days a year

**Maximum capacity:** 5

**Staff experience:** staff have experience of working with individuals with autism, their families and carers.

**Location and Contact:**
33 Dymoke Road,  
Hornchurch  
RM11 1AA  
Telephone number: 01708 726933

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**The Springs Community**

**Caters for:** Ages 16-65

**Aimed at:** Adults

**Disabilities catered for:** Autism and Asperger Syndrome and associated conditions, LD

**Autism specific:** Yes. The service specialises in ASC, this forms part of our admissions procedures.

**Description:** Residential care service for admissions 16 to 65 in different accommodations. Registered in April 1995 as a learning disability service, specialising in autism spectrum conditions.

**Services provided:** Respite, temporary residence, short term and long term residential care and support. TSC is registered to accommodate 16 & 17 year old ‘Looked after Children’, in addition to 18 to 65 years.

**Area covered:** The service is based in Kent and accepts referrals from local authorities across the country.

**Referral:** Enquiry, followed up by referral in documented form, assessment at the location the prospective service user is currently, meet main carers and service user, offer placement and compile care and support proposals if appropriate.

**Opening hours:** 24/7 365 days a year.

**Maximum capacity:** 29
Current client numbers: 14

Waiting list: No

Opening periods: Open all hours all year.

Staff experience: Staff have much experience of working with individuals with autism, their families and carers. The staff are all currently working with young adults with ASC full time, and receive training and supervision.

Location and Contact:
Coast Drive,
St Mary’s Bay,
Romney Marsh,
Kent
TN29 0HN
Telephone number: 01797 363550
Email: autism@thespringscommunity.co.uk
www.cygnethealth.co.uk

Timber Grove

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for:

Autism specific: Not autism specific

Description: Timber Grove is a spacious, purpose built bungalow, set in two acres of beautiful rural land on the edge of Rayleigh, Essex. Home to 13 people, this registered care home has friendly and dedicated staff on hand to support you 24 hours a day. The main house is home to 10 people, while a separate flat is home to a further three. The lounge and kitchen areas are bright and modern and there are three accessible bathrooms on the ground floor. If you choose to live here we will support you to decorate your bedroom to suit your own style and choice. The fully accessible garden has a summer house for you to enjoy over the warm summer months, and there is a sensory room on site. Timber Grove has two vehicles to give you easy access into the local community to enjoy activities or visit family and friends.

Services provided: 24 hour care, day activities, support to attend local adult education courses and a range of leisure and social activities.

Referral: Call 0808 168 4662 or email: info.sro@fitzroy.org

Opening hours: 24 hour care
**Opening periods:** 365 days a year

**Maximum capacity:** 13

**Current client numbers:** 13

**Waiting list:** Yes

**Staff experience:** Staff have experience of working with individuals with autism, their families and carers.

**Location and Contact:**
Whitepost Farm,
London Road,
Rayleigh
SS6 9DT

**Telephone number:** 01268 780233
Email: info.sro@fitzroy.org or services.helpline@fitzroy.org
http://www.fitzroy.org/services/view/timber-grove

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**T L C Care Homes**

**Caters for:** Ages 16+

**Aimed at:** Adults

**Disabilities catered for:** Moderate to severe Learning Disability with complex challenging needs and/or a Mental Health diagnosis.

**Autism specific:** Not autism specific

**Description:** TLC currently offers both Residential Care and Supported Living options to individuals who have a moderate to severe Learning Disability with complex challenging needs and/or a Mental Health diagnosis who are over the age of 16. TLC expanded into Supported Living when it became clear that some of the people we provided a service to, required a different environment and type of support. We have a dedicated Service Manager for this. This side of the business is expanding as the need and referrals arise. We currently provide support in Westcliffe, Great Dunmow, Saffron Walden, Earls Colne, Basildon, Halstead & Colchester.

**Services provided:** Residential Care and Supported Living.

**Area covered:** Essex

**Referral:** Call 01787 479 491 or email info@tlccarehomes.co.uk
Opening periods: 365 days a year

Staff experience: Staff have much experience of working with individuals with autism, their families and carers.

Location and Contact:
TLC Care Homes Ltd
Blamsters Farm
Mount Hill
Halstead
Essex, CO9 1LR
Telephone number: 01787 479 491
Email: info@tlccarehomes.co.uk

Advocacy Services

Advocacy for All

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning disability, Autism, Asperger syndrome

Autism specific: Not autism specific

Description: Advocacy for All started in 1995 as Bexley and Bromley Citizen Advocacy, a citizen advocacy project for people with a learning disability. In 2005 we started England's first advocacy project for people with Autism and Asperger's syndrome.

Services provided:

- Short term advocacy
- Citizen advocacy
- Self advocacy (speaking up)
- Peer advocacy
- The Co-ordinator works with volunteers to support people with Autism or Asperger’s syndrome in Bexley and Bromley.

Area covered: South East London, South West London and Kent

Referral: Call 020 8300 9666 or email info@advocacyforall.org.uk
Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
Advocacy for All
241 Main Road
Sidcup
Kent
DA14 6QS
Telephone number: 020 8300 9666
Fax: 020 8300 8844
Email: info@advocacyforall.org.uk
www.advocacyforall.org.uk.

People First (Havering)

Caters for: Ages 18-60

Aimed at: Adults

Disabilities catered for: All learning disabilities but clients must live within Havering

Autism specific: It is not an autism specific service

Description: Supporting people with learning disabilities living in Havering to speak out and get their message across. They run an Advocacy Drop In on the 1st Monday of each month (excluding August and January).

Services provided: Advocacy. Signposting. Information

Area covered: Havering

Referral: Anyone can make a referral to People First by telephoning or emailing to request a referral form or calling in to the Advocacy Drop In

Opening hours: 9am – 5pm Mon to Fri (generally – but flexible)

Opening periods: Open during term time and school holidays. Closed during national holidays.

Waiting list: No

Staff experience: Staff have some experience of working with people with ASDs and their families.

Location and Contact:
People First (Havering)
c/o 24 Weald Road
## Day centre

### Avelon Centre

**Caters for:** Ages 20-75  
**Aimed at:** Adults  
**Disabilities catered for:** Learning Disabilities – low to moderate. Do not accept people with high dependency needs.  
**Autism specific:** Not autism specific.

**Description:** The Avelon Centre is a day centre situated in Rainham. The centre develops programmes of activities for individuals based on their assessed needs. Each person is allocated a key worker who supports, enables and monitors individual welfare.

**Services provided:** The Avelon Centre provide groups and activities based on daily living skills e.g. cooking, health and safety within the home and the community, using community facilities e.g. pottery, sports, local history and crafts.

**Area covered:** Most clients live within Havering, but there are a few clients from out of Borough.

**Referral:** All referrals are made via a Care manager at The Hermitage in Billett Lane, Hornchurch.

**Staff experience:** Staff have some experience of working with people with ASDs and their families.

**Opening hours:** 9am – 4pm.
**Opening periods:** Open during term time and school holidays. Closed during national holidays.

**Maximum capacity:** 70 clients (some days are higher due to two services amalgamating together).

**Current client numbers:**
- Mon – 71
- Tues – 73
- Wed – 69
- Thurs – 65
- Fri – 66

**Waiting list:** List of parents waiting to view service for children leaving school this year.

**Location and Contact:**
Avelon Road Centre
100 Avelon Road
Rainham
Essex
RM13 7DH
Telephone number: 01708 522 469
Fax: 01708 526 436
Email: sharron.hart@havering.gov.uk

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**Heathlands Day Service**

**Caters for:** Ages 18+

**Aimed at:** Adults

**Disabilities catered for:** Learning disabilities

**Autism specific:** Not autism specific

**Description:** Heathlands Day Centre provides day services and activities for adults with learning disabilities who need intensive care and support. It helps you to maintain your family relationships and feel independent in living at home.

**Services provided:**

The building is fully accessible and has a number of facilities, including:
- a whirlpool bath and shower;
- a fully equipped sensory room;
- an art room;
- a music room;
- a room for exercise;
- a Soft Scene room (a safe room with soft flooring, crash mats and a ball pool);
- an outside activity area; and
- landscaped gardens.

We are committed to involving everyone with autism who uses the centre. This means we work hard to communicate with everyone, in a variety of ways, whether this is through speech, sign language, Makaton, symbols or TEACCH.
**Area covered:** Dagenham

**Referral:** To use this service you will need to be referred by staff in the Community Learning Disability Team.

**Opening hours:** Mon – Fri. Heathlands also offers a weekend service that can provide day care on Saturdays and Sundays.

**Staff experience:** Staff have much experience of working with individuals with autism, their families and carers.

**Location and Contact:**
Community Learning Disability Team  
Phone: 020 8227 5432

Heathlands Day Centre Heathway,  
Dagenham,  
RM10 7SE  
Phone: 020 8227 5921

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**Trinity London Care**

**Caters for:** Ages 18+

**Aimed at:** Adults

**Disabilities catered for:** Autistic spectrum disorder & learning difficulties

**Autism specific:** Not autism specific

**Description:** Providing a social education and training programme for adults with autistic spectrum disorder & learning difficulties. At Trinity London Care we believe in making the transition from home to Day Centre an easy one, therefore, we have a 'settling in' policy whereby you can stay with your child in their room for as many visits as you feel necessary. There is also a contact book that goes home with each client every day so that you know what your child/client has done during the day and provides a way for you to communicate with us daily. We have an open door policy.

**Services provided:**
- Art and craft
- Gardening
- Communication
- Music
- Drama
- Sports
Swimming
Independent Living Skills
Community based activities
Cookery
Travel training
Ice Skating
Horse riding
Trampoline
Also day trips
Asdan training
Transport to and from the centre at an additional cost.
Organised activities and outings.

Area covered: London

Referral: Call 0208 558 4828 or visit www.trinitylondoncareltd.co.uk and complete the contact form.

Opening hours: 7.45am - 4.30pm

Opening periods:
Closed Bank Holidays
Closed 3 Days a Year for Training
Christmas closed from 24th December to 1st January inclusive.

Location and Contact:
Trinity London Care Ltd
113 Ruckholt Road
Leyton
London
E10 5NT
Telephone number: 0208 558 4828
Fax: 0208 558 3727
www.trinitylondoncareltd.co.uk

CLDT

Community Learning Disability Team

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning disabilities, autism, Asperger's, down syndrome, fragile x, Angelmans syndrome etc. Fair Access to Care criteria applies to Care management in respect of decisions to provide services.
Psychiatry uses the world health organisation classification for LD – IQ 70 or below.
**Autism specific:** Not autism specific. The Community Learning Disability Team have some limited resources. If a person with a learning disability meets the LD criteria and has suspected autistic traits then the psychology service in the LD team can offer formal autistic assessments and intervention. The Challenging Behaviour Nurse Specialist can also offer autistic specific interventions where a behaviour is deemed as having a severe impact on the persons quality of life. Any autism training which is provided to staff teams is client specific.

**Description:** The CLDT is an integrated multi-disciplinary team, managed by a joint Health and Social Services Manager. It consists of Care Managers, Community Learning Disability Nurses, a Physiotherapist, and Art Therapist, a Family Therapist, a Speech and Language Therapist, a Psychologist, and both a Consultant and staff grade Psychiatrist.

The CLDT is responsible for assessment, care planning and purchasing appropriate care packages for individuals with a learning disability, and their carers where relevant. It also provides specialist health care to people with a learning disability, as well as advice and information.

**Services provided:**

- Care Management
- Community Learning Disability Nursing
- Physiotherapy
- Art Therapy
- Family Therapy
- Speech and Language Therapy
- Psychology
- Psychiatry
- We run clinics
- Provide LD awareness and epilepsy management training
- Assessment and provision of services (if eligible)
- Health promotion and advice

**Area covered:** LB Havering only

**Referral:** Via Adult Social Care Front Door, Customer Services

**Opening hours:** Havering’s Community Learning Disability Team is based at The Hermitage, Billet Lane, Hornchurch, RM11 1XL. The office is open Monday to Friday from 9.00am – 5.00pm

**Opening periods:** All year excluding national holidays.

**Current client numbers:** Approx 750 known on database with 526 people actively receiving a service.

There is no accurate way of capturing data at present regarding people with autism. The various databases in use within the team/adult social care do not have a mandatory field to complete to identify those people with autism. There are 48 people with autistic characteristics known to the Consultant Psychiatrist within the Community Learning Disability Team. He has looked at the prevalence rates and based
on a local population of approximately 240,000 people, he estimates that there could be around 625 people with autistic characteristics residing in the borough.

**Waiting list:** A waiting list is in operation for some highly oversubscribed areas of the service i.e.: Occupational therapy, art therapy and care management.

**Staff experience:** staff have much experience of working with individuals with autism, their families and carers.

**Location and Contact:**
The Hermitage
Billet Lane,
Hornchurch,
RM11 1XJ
Telephone number: 01708 433446. After 5.00pm and weekends  01708 433999, for emergencies only.
Fax: 01708 434358.
Email: CLDT@havering.gov.uk
www.havering.gov.uk/learningdisabilities

<table>
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<th>Product supplier</th>
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<td><strong>Squease</strong></td>
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**Caters for:** Ages 8-99, Male and Female.

**Aimed at:** Child, Adolescent, Adult.

**Products and Services:** Clothing and sensory equipment.

**Disabilities catered for:** Asperger syndrome, Autism, Autism spectrum, Challenging behaviour, Learning disability, Moderate learning disabilities, Physical disability, Profound and multiple learning disabilities, Severe learning disabilities, High functioning autism, Mental health problems

**Description:** Squease is an inflatable pressure vest that is hidden away inside a hooded top. No weights are used; hug-like pressure is applied to the upper body simply by inflating the vest with air. The vest is lightweight and may be worn by itself or zipped inside a Squease hooded top, making it discreet and mobile. The vest is inflated by squeezing a hand pump, allowing the wearer to regulate and apply soothing pressure in everyday situations that may lead to anxiety, stress or sensory overload - whether that is at home, at school, or on-the-move. For people with sensory processing difficulties such as many people with autism, who find dealing with change, busy environments or contact with other people to be highly stressful, applying pressure to the upper body may be calming, increase body awareness or improve attention and focus.

**Location and Contact:**
Social opportunities

**Eastway Care**

**Caters for:** Ages 18+

**Aimed at:** Adults

**Disabilities catered for:** Learning Disabilities, Physical Disabilities

**Autism specific:** Not autism specific.

**Description:** Eastway was set up in order to provide daytime opportunities for people with learning and physical disabilities as well as complex health needs in the east London area.

**Services provided:**

- Community group work
- Outreach support
- Supported employment
- Project based community group work

**Area covered:** East London and the surrounding areas.

**Referral:** Call 01708200020 or email havering@eastwaycare.co.uk

**Opening hours:** 9am – 5pm Monday - Friday

**Opening periods:** Closed for 2 weeks in winter, 1 week in Spring, 1 week in Summer.

**Staff experience:** Staff have experience of working with individuals with autism, their families and carers.
Location and Contact:
Eastway Care Ltd.
Havering Site
Unit 9 & 10 Stanton Gate
Mawney Road
Romford, Essex
RM7 7HL
Telephone numbers: 01708200020 or 01708200021 or 01708200024
Email: havering@eastwaycare.co.uk
http://www.eastwaycare.co.uk/

Funky Willows

Aimed at: Adults

Disabilities catered for: Physical and Learning Disabilities

Autism specific: Not autism specific

Description: Providing fun, social, accessible evenings out and one Saturday outing per month for those with learning disabilities. Aims to ensure there are opportunities for those with learning disabilities to get out in the community and socialize.

Referral: Call 07961457468 or email: eveningsout@yahoo.co.uk

Location and Contact:
Cranham Community Association,
Marlborough Gardens,
Upminster,
Essex
RM14 1SR
Telephone number: 07961457468
Email: eveningsout@yahoo.co.uk

Havering Association for people with Disabilities

Caters for: All ages

Aimed at: Children and adults

Disabilities catered for: Physical disabilities and learning disabilities

Autism specific: Not autism specific
Description: The Havering Association for People with Disabilities provides support and training for over 70 groups representing more than 3000 people with disabilities and their carers, living in the London Borough of Havering which covers the area of Hornchurch, Romford, Harold Hill, Collier Row, Rainham and Upminster.

Services provided: Support and training opportunities

Area covered: Havering

Referral: Call 01708 476554 or email had@mistral.co.uk

Opening hours: Monday to Friday, 9am to 12.30pm - 1.30 to 4.00pm.

Staff experience: Staff have some experience of working with individuals with autism, their families and carers.

Location and Contact:
Whittaker Hall
1a Woodhall Crescent
Hornchurch
Essex
RM11 3NN
United Kingdom
Telephone number: 01708 476554
Fax number: 01708 470354
E-Mail: had@mistral.co.uk

Havering learning disability society

Caters for: All ages

Aimed at: All ages

Disabilities catered for: Learning disabilities

Autism specific: Not autism specific

Description: To provide social and active opportunities for people with learning disabilities to help develop new skills and strengthen existing ones

Services provided: Offering a range of activities and clubs for people with learning disabilities. These include a Monday club (7-9pm), weekly swimming club (Saturday 12-1pm), monthly discos (last Saturday of the month) and outings.

Area covered: Havering

Referral: Call 01708 720791 or email eileen.wood@virgin.net
**Staff experience:** Staff have experience of working with individuals with autism, their families and carers.

**Location and Contact:**
Mrs E.S.Wood, Secretary,  
Victoria Hall, Victoria Road,  
Romford,  
Essex  
RM1 2JS  
Telephone number: 01708 720791  
Email: eileen.wood@virgin.net

### Havering Mind

**Caters for:** Male and Female; Ages 18-65. In exceptional circumstances referrals may be accepted for 16-18 year olds. Clients over the age of sixty five may choose to be referred to the over 65 service (Doves).

**Referral:** Mental health professionals; GPs.

**Aimed at:** Individuals diagnosed with a functional mental health condition only.

**Disabilities catered for:** Mental Health, Learning disabilities

**Description:** Havering Mind is a group which offers a variety of services to mental health service users, people with learning disabilities and carers. These services include 3 day centres, where a variety of programmes are held such as gardening, computing, and games. Other services include child support for children at risk of social isolation, with activities including cinema, bowling and badminton, carers support groups which meet monthly with guest speakers, a recovery programme for service users over 65, and a befriending scheme. They also offer advice on a range of topics include finance and budgeting.

**Location and Contact:**
Harrow Lodge House,  
Hornchurch Road,  
Hornchurch,  
Essex  
RM11 1JU  
Telephone number: 01708 457040  
Email: havmindhq@hotmail.com  
http://www.haveringmind.org.uk/

### New Opportunity Group Havering

**Caters for:** Adults but young people are welcome to come along and visit.

**Aimed at:** Learning disabilities
Disabilities catered for: All levels of learning disability with a specialism in those with complex difficulties and auditory and visual impairment. Experience in integrating those with challenging behaviour and other specific needs, including autism spectrum disorders.

Autism specific: Not autism specific

Description: Community based daytime leisure opportunities in Harold Hill and Harold Wood, Romford, Essex provides a friendly and open afternoon drop-in social club with lots of activities and opportunities for support and friendship.

Services provided:

- Two art and craft sessions – one sensory based and one with more challenging art opportunities.
- Two music and movement groups – one sensory based with sound, specialised percussion instruments, lighting and gentle movement exercise. The second group is a lively Music Workshop with a large range of instruments, dance and fun exercise.

Referral: Everyone is welcome subject to a visit and discussion with staff as to any specific need. Most individuals are required to be supported to be fully involved in sessions by a carer.

Location and Contact:
New Opportunity Group Havering
Joanne Metcalfe
Amersham Road,
Harold Hill,
Romford
RM3 9JJ
Telephone number: 07912 947953
Email: wrijoanne@hotmail.com
Facebook Page – New Opportunity Group

Support groups

Autism Anglia

Caters for: All ages

Aimed at: Children, Adults, Families

Disabilities catered for: Autism and associated disorders.

Autism specific: Autism specific
Description: Autism Anglia is an independent charity which provides care and support to children, adults and families affected by autism. Services in Essex, Suffolk and Norfolk, managed from offices in Colchester and Dereham, offer personalised approaches that provide each individual with the necessary skills and strategies to enable them to realise their own strengths and abilities. The charity also seeks to promote a greater knowledge and understanding of autism through training, education and supplying information to the public and professionals.

Services provided:

- Doucecroft Independent Specialist School
- Further Education Provision
- Adult Residential Houses
- Supported Living packages
- Adult Study Centres
- Family Support and advice
- Autism Alert Card
- Professional advice and training
- AASPIN network for professionals

Area covered: East Anglia

Referral: Call 01206 577678 or email info@autism-anglia.org.uk

Staff experience: Staff have much experience of working with individuals with autism, their families and carers.

Location and Contact:
Autism Anglia
Century House
Riverside Office Centre
North Station Road
Colchester
Essex
CO1 1RE
Telephone number: 01206 577678
Email: info@autism-anglia.org.uk
http://www.autism-anglia.org.uk/

<table>
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<th>Autism Initiatives</th>
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<tr>
<td>Caters for: All ages</td>
</tr>
<tr>
<td>Aimed at: Children and Adults</td>
</tr>
<tr>
<td>Disabilities catered for: Autism and associated disabilities</td>
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<tr>
<td>Autism specific: Autism specific</td>
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</table>
Description: Autism Initiatives is a parent-led charity and a member of both the Autism Alliance and the Confederation of Service Providers for People with Autism (CoSPPA). Autism Initiatives UK provides a range of person centered services throughout the UK. The charity provides services to children and adults, and encompasses education, residential houses, supported living and outreach services.

Services provided: Education, residential houses, supported living and outreach services.

Area covered: United Kingdom

Referral: Call 0151 330 9500

Staff experience: Staff have much experience of working with individuals with autism, their families and carers.

Location and Contact:
7 Chesterfield Road,
Liverpool,
Merseyside
L23 9XL
Telephone number: 0151 330 9500
www.autisminitiatives.org

PACT (Parents of Autistic Children Together)

Caters for: Activities from birth to 8 years old / 8-13 / 13 -19 / 17+ group and services for parents/carer’s

Aimed at: Children and young adults, parents/carers

Disabilities catered for: Autism and LDD (we would also provide services for people with ASD or LDD who may also have other impairments) Individual support plans and risk assessments completed for all new individuals wishing to access our services.

Autism specific: This is a specialised autism specific service for young people and families affected by autism. We also offer some services and activities for siblings and parents / carer’s.

Description: We offer a range of services specifically designed to support families and empower young people with autism to flourish as individuals and be valued members of society. PACT also work with Barking and Dagenham Mencap.

Services provided: Family Support - Including general information on ASD. Advice and support on welfare and education issues, access to practical resources including symbols, picture timetables and social stories. Specialised library, quarterly newsletter and annual conference.
Parent Support Group Monthly Group - where you can share information with other parents, occasional guest speakers.

**Autism Awareness Training** - Various training is available for staff, parents and professionals.

**Family Events** - Family days out, family disco

**Youth Clubs** - Specialised youth clubs with staff who have all received training in autism awareness offering a structured programme of activities.

**Befriending Project** - Access to a befriender if your child is aged 8-18.

**Football Training**
(Thursday 5-6pm - Multi Sports Saturday 10am to 11.30am)
Training session with qualified coaches and support staff.

**Holiday Activities**
Regular trips, residential week at Stubbers.

Kidspace - Soft play session where the child with ASD goes free.

**Specialised Youth Provisions**
Age 17+ Support / Social group (please contact our office for more information)

**Transition** – Education Support service.

**Autism Ambassadors Project** : Young people with autism delivering basic autism awareness training in their community.

**Area covered:** We currently support families in Barking & Dagenham, Havering, Redbridge, Waltham Forest and the surrounding area, affected by Autistic Spectrum Disorders

**Referral:** Please contact our offices by phone, email or post, we accept referrals from individuals, professionals and other organisations. When we receive a referral we will send out an initial information pack, which when completed will be followed up by a home visit to assess any support or personal needs; we will then look to offer a range of suitable clubs, groups, services or other opportunities.

**Opening hours:**
Offices Monday to Friday 8.30am to 4.30pm.
8-13 youth club (Royals Youth Centre, Rainham) Wednesday evenings 6-8pm
13-19 youth club (Yew Tree Centre, Romford, Essex) 6.30-8.30pm
17 + group, sports and other activities held at various times; please contact our offices for more details.

**Opening periods:** Open all year including school holidays, term time and national holidays.

**Maximum capacity:** Variable depending on funding, please contact our office for availability.

**Current client numbers:** We are currently supporting over 260 families.

**Waiting list:** Yes
- Befriending project 4-6 weeks
- Clubs 2-3 weeks
- Sports 2-3 weeks
Please check with our offices for current waiting times.
Family support and other services available immediately.

**Staff experience:** Staff experience of working with individuals with autism is extensive and is on-going. All staff attend regular training to keep their professional development up to date and relevant to the needs of the families and individuals we support.

**Location and Contact:**
Parents of Autistic Children Together (PACT)
27-29 Woodward Road,
Dagenham,
Essex,
RM9 4SJ
Telephone number: 020 8220 0090
Email: admin@pact-uk.org.uk
www.pact-uk.org.uk

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**RAGS (Romford Autistic Group Support)**

**Caters for:** Work with clients of all ages but youth clubs are for 14-25 year olds only.

**Referral:** Self-referral. RAGS only work with people living or attending an education provision in Havering.

**Aimed at:** Young people with autism; parents and carers of children with autism.

**Disabilities catered for:** Autism and related conditions.

**Services provided:**

- Information, support and guidance on matters relating to autism
- After school clubs (short breaks) for young people with autism and their families, including siblings.
- Youth club for youngsters with autism aged 14 – 25 years
- Bespoke Holiday provision for children with profound and complex autism
- Coffee mornings/parent support groups
- Training for parents and professionals
- Some ad hoc advocacy

**Autism specific:** RAGS is an autism specific charity.

**Area covered:** London Borough of Havering only.

**Opening times:** Office is generally open Mon-Fri 9am – 4pm.

**Current clients:** Over 140 families are paid members. Email bulletins are shared with over 200 people.

**Waiting list:** Some of the individual activities have waiting lists.

**Opening periods:** Open during term time and school holidays. Closed during national holidays.

**Staff experience:** Staff have experience of working with people with ASDs and their families.

**Description:** RAGS is an autism specific charity specifically covering the London Borough of Havering. RAGS currently have in excess of 140 families who are paid members.

**Location and Contact:**
Anne Myatt
RAGS
Victoria Road,
Romford,
RM1 2LX
Telephone number: 01708 745547 or 07760 169187
Email: info@rags-havering.org.uk
www.rags-havering.org.uk

<table>
<thead>
<tr>
<th>Scope</th>
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<tbody>
<tr>
<td><strong>Caters for:</strong> All ages</td>
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<tr>
<td><strong>Aimed at:</strong> All ages</td>
</tr>
<tr>
<td><strong>Disabilities catered for:</strong> Physical disabilities, learning disabilities, mental health difficulties.</td>
</tr>
<tr>
<td><strong>Autism specific:</strong> Not autism specific</td>
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<tr>
<td><strong>Description:</strong> We work with disabled people and their families. We offer practical support – from information services to education and everyday care.</td>
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</table>
We challenge assumptions about disability, we influence decision makers and we show what can be possible. Everything we do is about creating real and lasting positive change in individual lives and in the world around us. We believe that together we can create a better society.

**Services provided:** Help and Information, Services for disabled people and their families, Campaigns, education and learning, short breaks, residential care and supported independent living, Employment and training.

**Area covered:** UK

**Referral:** Call 0808 800 3333 or email response@scope.org.uk

**Staff experience:** Staff have experience for working with individuals with autism, their families and carers.

**Location and Contact:**
Scope
6 Market Road
London
N7 9PW
Telephone number: 0808 800 3333
Email: response@scope.org.uk

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**Education**

**Education 4 Employment**

**Caters for:** Ages 18+

**Aimed at:** Adults

**Disabilities catered for:**
Downs syndrome
Asperger syndrome
Autism
Non-specific learning disabilities

**Autism specific:** This service is not autism specific and is open to all learners with learning difficulties and/or disabilities. We currently have Autistic learners attending the service as the very structured, which suits learners with Autism. If a learner with Autism wished to attend the provision and required additional support this would be provided to ensure the service meets the needs of the learner.
**Description:** Education 4 Employment is a specialist education provision for people with learning difficulties and disabilities and who wish to progress towards employment or independence. The Adult College deliver a range of evening and daytime classes in a variety of subjects from arts and crafts to languages and literature. If a learner declared additional learning needs the Adult College would ensure the learner is not disadvantaged within the classroom environment. All learners are invited in for an assessment session to ensure they meet the pre-course requirements. We are able to offer a range of support to meet the learner’s needs.

**Services provided:** We offer a range of educational courses from Pre-entry level to Level 1. All courses are focus on learners’ individual needs. All courses are employment or personal development related, with the aim of the provision to progress people on towards employment or independence.

This current years offer includes:
Life skills
Personal and Social Development
Cookery skills understanding health eating
Cookery skills understanding food safety and kitchen hygiene
ICT skills for life
Employability
Independent Living - Personal Development
Practical workshops – Recycling items to sell.

**Area covered:** We are based within the London Borough of Havering however the service can be purchased by out of borough residents.

**Referral:** All potential learners are invited for a visit to see the provision in action. If the learner is interested in attending they are invited to attend a taster day, to ensure they are happy.

The service can be purchased via direct budgets or on the LBH block contract.
The service enrols new learners from March to August for starting in the next academic year September.

**Opening hours:**
Courses currently run Monday to Thursday academic term times only.

Independent traveller’s courses start at 10am – 12pm and 1pm – 3pm

For those using Local Authority transport the service opens at 9am and finishes at 4pm, we offer additional pastoral service for those learners on transport.

**Opening periods:** Open during term time only.

**Maximum capacity:** 16 learners per day

**Current client numbers:** Currently 34

**Waiting list:** No
Staff experience: Staff have much experience of working with individuals with autism and their families/carers.

Location and Contact:
Adult College
Avelon Road Centre,
101 Avelon Road
South Hornchurch
RM13 4DH
Telephone number: 01708 525037
Email: Brenda.hunt@havering.gov.uk
www.haveringadultcollege.co.uk

Hinwick Hall College


Aimed at: Teenagers and young adults.

Disabilities catered for: Autistic Spectrum Disorders, Mild to Severe Learning Disabilities, Downs Syndrome, Cerebral Palsy, Complex Communication difficulties, PMLD (any conditions that mean a young person needs extra support for learning).

Autism specific: Hinwick Hall College is not autism specific but offers support, education and opportunities for young learners with Autistic Spectrum Conditions.

Support is offered by a skilled and dynamic staff team who have experience and specific training in meeting the needs of young people with Autistic Spectrum Conditions. Training underpins the core values of a person centred approach to the arrangement of learning and support.

Where necessary, students are supported with a variety of communication techniques including picture exchange communication systems PECS and TEACCH which are underpinned with the SPELL (Structure, Positive, Empathy, Low Arousal, Links) framework. This ensures that intervention and strategy is person centred and always achievement focused.

Social and emotional learning underpins the whole programme and learners are enabled to participate in a variety of social, work and community environments and develop their independence, learning habits and life experiences. Through collaboration development, feedback to their peers and members of staff supporting the process, learners are able to develop key social skills. This helps development of social understanding and encourages learners to build social skills such as coping and communication skills, empathy, turn taking, problem solving and building relationships.

Functional behaviour analysis ensures learners are supported positively with their behavioural and emotional needs. Our learners have access to a personal tutor, key worker and behaviour support team to assist in this area of their development and to help increase
their self advocacy. The learner is given the opportunity to develop new and existing coping skills and to develop their ability to manage their own behaviours.

Hinwick Hall College is working toward achieving the Autism Accreditation. The Autism Accreditation is a nationally recognised standard in Autism provision. It endorsed by the National Autistic Society and consists of a systematic framework of core standards.

**Description:** Hinwick Hall College is part of Livability (a National Disability Charity). The College is set in its own grounds on the Northamptonshire / Bedfordshire border where it offers learning and opportunity for up to 40 residential/weekly boarding and 60 day students.

**Services provided:** Our programmes help young people with Autistic Spectrum Disorders, Learning Difficulties and/or Disabilities to learn in the right space at their own pace – we’ll take time to understand exactly what is right for them and build their programme around them with their needs and wishes driving the learning right from the word go and if they need extra support to access their programme, we have dedicated and integrated on-site support and therapy teams.

**Area covered:** United Kingdom

**Referral:** Students can self refer to our service or be put forward by their current School, College, Connexions Officer, Social Worker or Local Authority.

**Opening hours:** The college day is from 9.30am till 4pm

**Opening periods:** We operate a 38 week a year provision during term time only.

**Maximum capacity:** 40 Residential or Weekly Boarding Students and 60 Day Students

**Current client numbers:** 43

**Waiting list:** No

**Staff experience:** Staff have much experience of working with individuals with autism and their families/carers.

**Location and Contact:**
Hinwick Hall College
Wollaston Road,
Hinwick,
Wellingborough,
Northants,
NN29 7JD
Telephone number: 01933 312470
Email: admissions@hinwick.livability.org.uk
The Learning Centre

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning disabilities

Description: The Learning Centre is based in Romford. The Centre offers students a range of appropriate education and leisure based activities which are stimulating and creative and allow group work and individual work to flourish. Students also access the community in planned supervised and structured sessions. The Centre has its own transport service and collects and returns students to and from home. Students are encouraged to work at their own pace and reach their full potential. Placements are offered through Direct Payments or private funding. The service is open for 51 weeks per year (closed for one week at Christmas).

Location and Contact:
Mick Spence or Ann-Marie Spence
The Learning Centre (TLC ROMFORD) LTD
Craigdale Centre,
2 Craigdale Road,
Hornchurch,
Essex,
RM11 1AE
Telephone number: 01708 441960 or 07949 892284
Email: seawatch@talktalk.net.

Treetops

Caters for: Ages 3-19

Aimed at: Children and young adults

Disabilities catered for: Moderate learning difficulties

Autism specific: Not autism specific

Opening periods: School term time only

Staff experience: Staff have some experience of working with individuals with autism, their families and carers.

Services provided: Applied Behaviour Analysis, KS1-4, Sixth form

Description: Treetops is a day special school for children and young people between the ages of 3 and 19 who experience moderate learning difficulties. The school has a special verbal behaviour nursery for children on the autistic spectrum.
**Location and Contact:**
Treetops School,  
Buxton Road,  
Grays, Essex,  
RM16 2WU  
Telephone number: 01375 372723  
Fax: 01375 898669  
Email: admin@treetops.thurrock.sch.uk  
www.treetopsschool.org

**Employment**

<table>
<thead>
<tr>
<th><strong>Jacksons Café</strong></th>
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*Caters for:* Ages 18+

*Referral:* Contact the Havering CLDT Team

*Aimed at:* Adults

*Disabilities catered for:* Learning disabilities and associated conditions

*Autism specific:* Not autism specific

*Description:* Jacksons Café is located in Romford Town Centre. The Café provides hands on training and experience in catering and related social skills within an environment of a fully operational busy café. The ultimate aim is to prepare each individual for future employment outside Jacksons. The Camden Society manages the Café on behalf of London Borough of Havering. Jacksons is the Camden Society's flagship cafe, offering 40 training places a week to local people with disabilities who are building careers in catering and hospitality.

**Location and Contact:**
47 High Street,  
Town Centre  
Romford  
RM1 1JL  
Telephone number: 01708 723 636  
Email: jacksons@thecamdensociety.co.uk

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<th><strong>Mencap – Employ me</strong></th>
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*Caters for:* Ages 16+
Aimed at: Adults

Disabilities catered for: Learning disability

Autism specific: Not autism specific

Description Employ Me is Mencap's specialist programme that supports people with a learning disability to gain paid employment. Mencap also supports companies and organisations to enable them to gain the benefits of a truly diverse workforce. Employ Me will source paid and unpaid employment opportunities for people both in advance and on request in accordance with people’s wishes, using a national employer engagement team. Some of the positions we have filled with our key partners include:

The Co-operative Group: warehouse assistant, store cleaner, stock replenishment.
Sainsbury’s: bakery assistant, restaurant assistant, administrator.
Other businesses: activities coordinator, valeter, caretaker.

Services provided:

Pre-employment support - this is where we assess current skills and provide appropriate training to develop these where needed to get a paid job.

Work trials and placements - we can offer the opportunity to experience a real work environment for a period of time.

Support to find paid work - our team can help to search for a paid job through a range of employers. We can help you with writing a CV and prepare you for interviews. At Mencap we work very closely with many different employers and have excellent contacts with many businesses such as The Co-operative and Sainsbury’s.

Job coaching and in-work support - we can provide support in a work placement, trial or paid job to learn new tasks and cope with changes. This can also include travel to work training.

Referral: To find out more about our employment services, please contact Mencap Direct on 0808 808 1111.

Staff experience: Staff have experience of working with individuals with autism, their families and carers.

Location and Contact:
Mencap
123 Golden Lane
London EC1Y 0RT
Telephone: 020 7454 0454
Fax: 020 7608 3254
Email: information@mencap.org.uk

If you live in England and would like impartial advice on all learning disability issues, please contact:
Prospects Careers Advice Plus

Caters for: Universal service ages 13-19. For young people with additional needs ages 13-25

Referral: Up to age 16 – referral via school or local authority
Post-16 age-group – via educational provider, other agencies or self-referral

Aimed at: Teenagers and young adults.

Disabilities catered for: All

Autism specific: Not specific – we support all young people, and those with all types of additional needs

Area covered: London Borough of Havering. Other areas if a young person is a resident in Havering but in another educational provision outside of Havering

Opening hours: Monday to Friday 09:00-17:00

Waiting list: No.

Opening periods: Open all year excluding national holidays.

Staff experience: Some staff have experience of working with individuals with autism, their families and carers at varying levels

Services provided:
Information, Advice & Guidance
Referrals to other agencies
Careers guidance in secondary schools, sixth forms and colleges
Learning Difficulties Assessments (s139a)
Working with young people with additional needs at all transition stages

**Description:** Information, Advice & Guidance provider, including careers guidance. Working with young people aged 13-19 (13-25 if special needs). Young person has to be living in London Borough of Havering, or their statutory school they are currently attending is in Havering

**Location and Contact:**
6 Holgate Court
Western Road
Romford RM1 3JS
Telephone number: 01708 746401
Email: barbara.faulkner@prospects.co.uk
www.prospects.co.uk

### ROSE (Realistic Opportunities for Supported Employment)

**Caters for:** All ages

**Referral:** College students/clients are referred to the programme via their Curriculum Manager or external clients are referred through the relevant agencies. Students are then invited in for an assessment of their current capabilities, both academic and life skills.

**Aimed at:** Adults

**Disabilities catered for:** Learning Disabilities

**Autism specific:** Not autism specific

**Area covered:** Havering

**Staff experience:** Staff have some experience of working with individuals with autism, their families and carers.

**Services provided:**

To supply experienced staff in learning disabilities who are skilled and able to meet the challenges of employment.

To forge links and partnerships with local employers, to establish employment for people with learning disabilities.

To provide effective training, support and encouragement so that transition into the workforce for the person with learning disabilities is smooth.

To provide travel training from home to work and visa versa and gain the ability to have an input to their own financial management with one to one support.

To further integrate people with learning disabilities into the local community.
Description: ROSE gives career, life choice and financial advice to enable people with learning disabilities make better-informed choices. Working in partnership with the London Borough of Havering Council, Connexions, the Integrated Youth Service, the London Borough of Havering’s Adult Learning Disability Team, and Person Centred Planning Coordinators, ROSE enables clients to map and make choices regarding supported living, transition from children to adult services, and individual budgets, allowing independence in all areas.

The programme raises awareness and gives advice to employers and their workforce as to the advantages and expectations of working with people with learning disabilities.

The programme does supply sufficient support to enable people with learning disabilities to have the opportunity to gain paid employment and sustain that employment with a one to one Job Coach using a unique Traffic Light System of support. Over the years ROSE has placed dozens of clients into paid employment.

Location and Contact:
ROSE Programme
Havering College of Further & Higher Education
Tring Gardens
Harold Hill
Romford
Essex
RM3 9ES
Telephone number: 01708 462865
E-mail: rose@havering-college.ac.uk

Shaw Trust

Caters for: Ages 18+

Aimed at: Adults

Disabilities catered for: Learning disabilities, physical disabilities

Autism specific: Not autism specific

Description: The project provides training and work opportunities in a supported environment, to help build confidence and self-esteem, together with the developing the skills required to move into further education or employment. Based in Romford, the project has a state-of-the-art information technology suite, a professional standard catering kitchen, a cafe, all offering a range of accredited training which lead on to college courses or employment.

Over 150 people now attend a range of training and work projects each week, developing skills and maximising employability with many then moving on into education, work experience or employment.
Each person has an individual learning plan that is regularly reviewed and ongoing support is provided by Shaw Trust staff. We work closely with a number of local organisations in order to offer the most flexible and varied solutions for our clients. For example, we work in partnership with Havering College where, having provided a large glasshouse on site, horticulture courses are run by both College and Shaw Trust staff. The project is funded by Havering Primary Care Trust and Barking & Dagenham Primary Care Trust.

**Services provided:**

- IT and office skills
- Personal development and confidence building
- Horticulture
- Catering
- Arts and crafts
- Numeracy and literacy
- Introduction into Care
- Employment and Placement Officer who can help you not only with CV writing, interviewing techniques and job searching and arrange for a 12 week work placement which is fully supported by a Job Coach.
- All courses are accredited.

**Referral:** Call 01708 202100 or email: alison.adams@shaw-trust.org.uk

**Opening hours:** Monday - Friday 9am - 5pm

**Staff experience:** staff have experience of working with individuals with autism, their families and carers.

**Location and Contact:**
Shaw Trust,
Unit 8 Stanton Gate,
49 Mawney Road,
Romford,
Essex,
RM7 7HL
Telephone number: 01708 202100
Email: alison.adams@shaw-trust.org.uk
www.shaw-trust.org.uk