Equal opportunities

PAC-UK is committed to providing a service based on racial equality and equal opportunities. It has an ethnically and culturally diverse staff. If you have a concern about the ethnicity or gender of your counsellor PAC-UK will do its best to accommodate your request.

PAC-UK operates service user evaluation and complaints procedures.

PAC-UK’s other services

PAC-UK offers a wide range of support for all parties to adoption and other forms of permanent care at its London premises:

- a child and family service offering a range of services for adoptive and permanent placement families, including intensive therapeutic family work
- a counselling service for individual adults and couples
- a range of support services for birth relatives
- range of services to support adopted / permanently placed children in school
- workshops, groups and seminars
- professional consultation and training
- bespoke training and services for professional agencies

For more information contact PAC-UK or:

London Borough of Havering Adoption Service
Mercury House, Mercury Gardens
Romford
London
RM1 3SL

tel: 01708 434577
email: adoption@havering.gov.uk
web: www.havering.gov.uk

Registered charity: 294998
Company limited by guarantee: 2040322
Registered with Ofsted under the Care Standards Act 2000 as an Adoption Support Agency (reg. no. SC066981)
Ofsted reg. no. F570002641
PAC-UK and Havering

PAC-UK provides a free, monthly face to face counselling surgery at a venue in Romford on behalf of Havering Council for people with a personal or professional involvement in adoption or permanent care which includes special guardianship and approved long term foster care.

Advice, information and support is given in individual or couple sessions with PAC-UK counsellors. Call PAC-UK's Advice Line on 020 7284 5879 for an initial consultation.

The surgeries offer the following:

For birth parents and birth relatives of adopted / permanently placed children, including those who are now adults

• counselling after the adoption order or permanent placement
• support and advice on contact arrangements
• intermediary service

For adoptive parents and other carers of permanently placed children, including prospective adopters / permanent carers*

• pre- and post-placement counselling
• support and advice on contact arrangements with birth family members
• post-disruption counselling

For adults adopted or otherwise permanently placed as children

• counselling
• intermediary service

For professionals working in adoption and permanent care

• consultation with PAC-UK counsellors

Birth mother drop-in meetings

PAC-UK also hosts fortnightly birth mother drop-in meetings in Kentish Town. Meetings are open to residents of Havering and are free of charge. The drop-ins offer a confidential space in which women whose children have been adopted or are in other forms of permanent care can talk about their fears, feelings and loss. Contact PAC-UK’s Birth Parent Support Worker Rita Cleary on 020 7284 0555 or email rita@pac-uk.org for details.

*some restrictions may apply where placements were made by local authorities other than Havering – please contact us.

About PAC-UK

In 2014 PAC (founded 1986) and After Adoption Yorkshire (AAY, founded 1994) merged to form PAC-UK, the largest independent adoption support agency in the country.

PAC-UK’s vision is that all people affected by adoption and other forms of permanence are supported and enabled to live their lives to the full.

Each year PAC-UK receives around 3,000 requests for help from people affected by adoption or other forms of permanent care, as well as the professionals who support them.

PAC-UK is an independent charity which provides a confidential service. We have particular expertise in working with minority ethnic children, families and adults and with transracially adopted children and adults.

ADVICE LINE
020 7284 5879
Mon, Tues & Fri
10.00am - 4.00pm

Wed & Thurs
2.00pm - 7.30pm

EDUCATION ADVICE LINE
020 7284 5879
Wed: 10am - 12 noon
(available to parents/carers and professionals; closed during half term and school holidays)

PAC-UK Staff

PAC-UK’s counsellors are professionally qualified in counselling/psychotherapy, psychology and/or social work and have a wide range of experience and training in all aspects of adoption and permanent placement. Counselling staff are supported by external professional supervisors and administrative staff.

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